

# October



## Greenwood School District 50 Rice Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate,
  - 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least three items, one of which must be a fruit or vegetable.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
<p><b>Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Daphne's Dogs (Corndog) Or Lunchable French Fries Pup-Corn Fruit</p>	<p><b>Breakfast</b> Honey Bun &amp; String Cheese</p> <p><b>Lunch</b> Totally Rad Tacos or Ham &amp; Cheese Wrap Retro Rice Black Beans Cool Rips Slushie</p>	<p><b>Breakfast</b> Pancake Pup</p> <p><b>Lunch</b> Pizza or Scooby Salad Bar Paw-Tato Chips Fruit</p>	<p><b>Breakfast</b> Grits w/ Bacon</p> <p><b>Lunch</b> Chilin Orange Chicken or Scooby Salad Bar or Yogurt Lovely Lo Mein Noodles Carrots Fruit</p>	<p><b>Breakfast</b> Sausage Biscuit</p> <p><b>Lunch</b> Mellow Chicken Wings or Scooby Salad Bar or Yogurt Far Out Fries Disco Sidekicks Fruit</p>
17	18	19	20	21
<p><b>Breakfast</b> Cinnamon Roll</p> <p><b>Lunch</b> Cheese Bites or Salad Bar or Yogurt Alfredo Pasta Broccoli Fruit</p>	<p><b>Breakfast</b> Yogurt w/ Graham Crackers</p> <p><b>Lunch</b> Beef Taco or Salad Bar or Yogurt Refried Beans Chips, Salsa &amp; Cheese Dip Fruit</p>	<p><b>Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Pizza or Salad Bar or Yogurt Corn Fruit Cookie</p>	<p><b>Breakfast</b> Grits w/ Bacon</p> <p><b>Lunch</b> Orange Chicken or Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit</p>	<p><b>Breakfast</b> French Toast Sticks</p> <p><b>Lunch</b> Chicken Wings or Salad Bar or Yogurt Macaroni &amp; Cheese Green Beans Dinner Roll Fruit</p>
24	25	26	27	28
<p><b>Breakfast</b> Scrambled Eggs w/ Sausage Link</p> <p><b>Lunch</b> Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit</p>	<p><b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Meatloaf or Salad Bar or Yogurt Mashed Potatoes w/ Gravy Black Eyed Peas Yeast Roll Fruit</p>	<p><b>Breakfast</b> Pancakes</p> <p><b>Lunch</b> Pizza or Salad Bar or Yogurt Corn Fruit</p>	<p><b>Breakfast</b> Grits w/ Bacon</p> <p><b>Lunch</b> Orange Chicken or Salad Bar or Yogurt LoMein Noodles Vegetable Blend Egg Roll Fruit</p>	<p><b>Breakfast</b> Sausage Biscuit</p> <p><b>Lunch</b> Chicken &amp; Waffles or Salad Bar or Yogurt Green Beans Fruit</p>
31	1	2	3	4
<p><b>Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Chicken Noodle Soup w/ Grilled Cheese Salad Bar or Yogurt Chips Fresh Carrots w/ Dip Fruit</p>	<p><b>Breakfast</b> Honey Bun &amp; String Cheese</p> <p><b>Lunch</b> Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cool Rips Slushie</p>	<p><b>Breakfast</b> Pancake Pup</p> <p><b>Lunch</b> Pizza or Salad Bar or Yogurt Corn Fruit</p>	<p><b>Breakfast</b> Grits w/ Bacon</p> <p><b>Lunch</b> Chicken Nuggets or Salad Bar or Yogurt Mashed Potatoes w/ Gravy Turnip Greens Dinner Roll Fruit</p>	<p><b>Breakfast</b> Sausage Biscuit</p> <p><b>Lunch</b> Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Cinnamon Roll Carrots Fruit</p>

**Celebrate**  
National School  
**LUNCH WEEK**

OCT. 10-14  
2022

**Peace, Love & School LUNCH**

#NSLW22 | #peaceloveschoollunch