


# MARCH

## Greenwood School District 50 Middle & High School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate,
  - 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|--|--|
| 28<br><b>Breakfast</b><br>Honeybun<br><br><b>Lunch</b><br>Fried Chicken<br>Macaroni & Cheese<br>Green Beans<br>Yeast Roll<br>Fruit                     | 1<br><b>Breakfast</b><br>Sausage Biscuit<br><br><b>Lunch</b><br>Crunchy Beef Tacos<br>Mexican Rice<br>Pinto Beans<br>Fruit   | 2<br><b>Breakfast</b><br>Pancake Pup<br><br><b>Lunch</b><br>Chicken & Rice<br>SC Grown Butternut Squash<br>Lima Beans<br>Garlic Toast<br>Fruit | 3<br><b>Breakfast</b><br>Grits w/ Bacon<br><br><b>Lunch</b><br>General TSO's Chicken<br>Fried Rice<br>Carrots<br>Egg Roll<br>Fruit   | 4<br><b>Breakfast</b><br>Yogurt & String Cheese<br><br><b>Lunch</b><br>Tomato Soup<br>Grilled Cheese<br>Side Salad<br>Chips<br>Fruit                   |
| 7<br><b>Breakfast</b><br>French Toast<br><br><b>Lunch</b><br>Chicken Alfredo<br>Broccoli<br>Garlic Bread<br>Fruit                                      | 8<br><b>Breakfast</b><br>Chicken Biscuit<br><br><b>Lunch</b><br>Chicken Enchilada<br><i>*Recipe created by Career Center*</i><br>Black Beans<br>Feista Rice<br>Fruit | 9<br><b>Breakfast</b><br>Pancake Pup<br><br><b>Lunch</b><br>BBQ Pork Sandwich<br>Breaded Okra<br>Baked Beans<br>Texas Toast<br>Fruit           | 10<br><b>Breakfast</b><br>Grits w/ Bacon<br><br><b>Lunch</b><br>Orange Chicken<br>Fried Rice<br>Carrots<br>Egg Roll<br>Fruit   | 11<br><b>Breakfast</b><br>Sausage Biscuit<br><br><b>Lunch</b><br>Country Style Steak<br>Mashed Potatoes w/ Gravy<br>Green Beans<br>Yeast Roll<br>Fruit |
| 14<br><b>Breakfast</b><br>Muffin & Cheese Stick<br><br><b>Lunch</b><br>Meatloaf<br>Mashed Potatoes w/ Gravy<br>SC Grown Cabbage<br>Yeast Roll<br>Fruit | 15<br><b>Breakfast</b><br>Chicken Biscuit<br><br><b>Lunch</b><br>Crunchy Beef Tacos<br>Mexican Rice<br>Pinto Beans<br>Fruit  | 16<br><b>Breakfast</b><br>Waffle<br><br><b>Lunch</b><br>General TSO's Chicken<br>Fried Rice<br>Carrots<br>Egg Roll<br>Fruit                    | 17 <b>St. Patrick's Day</b><br><br><b>Breakfast</b><br>Grits w/ Bacon<br><br><b>Lunch</b><br>Shepherd's Pie<br>Cabbage<br>Yeast Roll<br>Fruit | 18<br><b>Breakfast</b><br>Breakfast Pizza<br><br><b>Lunch</b><br>Pancakes<br>Scrambled Eggs<br>Sausage<br>Fruit  |
| 21   | 22   | 23   | 24   | 25   |
| 28   | 29   | 30   | 31   | 1  |

