

# MARCH

## Greenwood School District 50 Mays Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate,
  - 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 <b>Breakfast</b> Honeybun  <b>Lunch</b> Chicken Nuggets or Ham & Cheese Lunchable Macaroni & Cheese Green Beans Yeast Roll Fruit	1 <b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> Beef Nachos or Yogurt Plate Mexican Rice Pinto Beans Fruit	2 Dr. Seuss Day <b>Breakfast</b> Green Eggs & Ham w/ Toast  <b>Lunch</b> Thing One Pizza or Thing Two Grilled Chicken Salad Horton's Buttery Corn Fritz Fruit Salad	3 <b>Breakfast</b> Grits w/ Sausage  <b>Lunch</b> Orange Chicken or Yogurt Plate Fried Rice Carrots Egg Roll Fruit	4 <b>Breakfast</b> Yogurt w/ String Cheese  <b>Lunch</b> BBQ Pork Sandwich or Chef Salad Chips Cucumbers w/ Dip Fruit
7 <b>Breakfast</b> French Toast  <b>Lunch</b> Chicken Alfredo w/ Breadstick or Cheesy Bread w/ Marinara Side Salad w/ Ranch Fruit	8 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Chicken Pot Pie or Yogurt Plate Steamed Broccoli Black Eyed Peas Fruit	9 <b>Breakfast</b> Pancake Pup  <b>Lunch</b> Pizza or Grilled Chicken on a Salad Corn Fruit	10 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Orange Chicken or Yogurt Plate Fried Rice Carrots Egg Roll Fruit	11 <b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> Cheeseburger or Chef Salad French Fries Baked Beans Cool Rips Slushy
14 <b>Breakfast</b> Muffin & Cheese Stick  <b>Lunch</b> Vegetable Soup & Cheesy Bread or Ham & Cheese Lunchable Chips Fruit	15 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Soft Beef Tacos or Yogurt Plate Mexican Rice Refried Beans Fruit	16 <b>Breakfast</b> French Toast  <b>Lunch</b> Cheese Bites w/ Marinara or Chef Salad Parmesan Noodles Broccoli Fruit	17 St. Patrick's Day <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Shepherd's Pie or Yogurt Plate Cabbage Yeast Roll Fruit	18 <b>Breakfast</b> Breakfast Pizza  <b>Lunch</b> BBQ Pork Sandwich or Ham & Cheese Wrap French Fries Cole Slaw Fruit
21	22	23	24	25
28	29	30	31	1

