

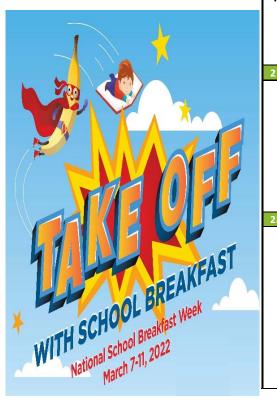
Greenwood School District 50 Mays Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:

 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable
- and choice of 8oz milk
 ✓ Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	1	2 Dr. Seuss Day	3	4
<u>Breakfast</u> Honeybun	<u>Breakfast</u> Sausage Biscuit	<u>Breakfast</u> Green Eggs & Ham w/ Toast	Breakfast Grits w/ Sausage	<u>Breakfast</u> Yogurt w/ String Cheese
<u>Lunch</u> Chicken Nuggets or Ham & Cheese Lunchable Macaroni & Cheese Green Beans Yeast Roll Fruit	Lunch Beef Nachos or Yogurt Plate Mexican Rice Pinto Beans Fruit	Lunch Thing One Pizza or Thing Two Grilled Chicken Salad Horton's Buttery Com Fritz Fruit Salad	Lunch Orange Chicken or Yogurt Plate Fried Rice Carrots Egg Roll Fruit	Lunch BBQ Pork Sandwich or Chef Salad Chips Cucumbers w/ Dip Fruit
7	8	9	10	11
<u>Breakfast</u> French Toast	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Pancake Pup	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Sausage Biscuit
Lunch Chicken Alfredo w/ Breadstick or Cheesy Bread w/ Marinara Side Salad w/ Ranch Fruit	<u>Lunch</u> Chicken Pot Pie or Yogurt Plate Steamed Broccoli Black Eyed Peas Fruit	<u>Lunch</u> Pizza or Grilled Chicken on a Salad Corn Fruit	Lunch Orange Chicken or Yogurt Plate Fried Rice Carrots Egg Roll Fruit	<u>Lunch</u> Cheeseburgeror Chef Salad French Fries Baked Beans Cool Rips Slushy
14	15	16	17 St. Patrick's Day	18
<u>Breakfast</u> Muffin & Cheese Stick	<u>Breakfast</u> Chicken Biscuit	Breakfast French Toast	Breakfast Grits w/ Bacon	<mark>Breakfast</mark> Breakfast Pizza
Lunch Vegetable Soup & Cheesy Bread or Ham & Cheese Lunchable Chips Fruit	<u>Lunch</u> Soft Beef Tacos or Yogurt Plate Mexican Rice Refried Beans Fruit	<u>Lunch</u> Cheese Bites w/ Marinara or Chef Salad Parmesan Noodles Broccoli Fruit	Lunch Shepherd's Pie or Yogurt Plate Cabbage Yeast Roll Fruit	<u>Lunch</u> BBQ Pork Sandwich or Ham & Cheese Wrap French Fries Cole Slaw Fruit
21	22	23	24	25
			24	
28	29	30	31	