

Greenwood School District 50 Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate,
 1oz Grain, Fruit, Vegetable
 and choice of 8oz milk
- Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Dr. Seuss Day		1
	4	5	6	7	8
	<u>Breakfast</u>	<u>Breakfast</u>	Breakfast	<u>Breakfast</u>	<u>Breakfast</u>
	French Toast	Chicken Biscuit	Pancake Pup	Grits w/ Bacon	Sausage Biscuit
	Lunch	Lunch	<u>Lunch</u>	<u>Lunch</u>	Lunch
	Chicken Sandwich or	Baked Spaghetti w/ Garlic Bread or	Pizza or	Orange Chicken or	BBQ Pork Sandwich or
	Ham & Cheese Lunchable	Cheesy Bread w/ Marinara	Grilled Chicken on a Salad	Yogurt Plate	ChefSalad
	French Fries	Zucchini	Corn	Fried Rice	Breaded Okra
e	Fruit	Fruit	Fruit	Broccoli Egg Roll	Baked Beans
				Fruit	Cool Rips Slushy
	11	12	13	14	15
	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	
ŝ,	Muffin & Cheese Stick	Chicken Biscuit	Blueberry Pancakes	Grits w/ Sausage	
	Londo	Londo	Longella	<u>Lunch</u>	
of	<u>Lunch</u> Cheesy Chicken & Noodles or	<u>Lunch</u> Soft Beef Tacos or	<u>Lunch</u> Pizza or	Chicken & Waffles or	
	Ham & Cheese Lunchable	Cheese Quesadilla	Grilled Chicken on a Salad	Yogurt Plate	
	Turnip Greens	Mexican Rice	Cucumber and Tomato Salad	Fresh Veggies w/ Dip Fruit	
	Yeast Roll	Refried Beans Fruit	Fruit		
	Fruit	Fruit			
	18		20	21	22
F		Breakfast	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
		Breakfast Burrito	Grilled Cheese w/ Bacon	Grits w/ Sausage	Yogurt w/ String Cheese
		Lunch	<u>Lunch</u>	<u>Lunch</u>	Lunch
		Crunchy Beef Tacos or	Pizza or	Orange Chicken or	BBQ Beef Sandwich or
N		Cheese Quesadilla	Grilled Chicken on a Salad	Yogurt Plate Fried Rice	Chef Salad
V		Mexican Rice	Corn	Carrots	Chips
		Pinto Beans Fruit	Fruit	Egg Roll	Cucumbers w/ Dip Fruit
		Truit		Fruit	Truit
	25	26	27	28	29
	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	Breakfast	<u>Breakfast</u>
	French Toast	Chicken Biscuit	Pancake Pup	Grits w/ Bacon	Sausage Biscuit
	<u>Lunch</u> Chicken Alfredo w/ Breadstick or	<u>Lunch</u> Crunchy Beef Tacos or	<u>Lunch</u> Pizza or	<u>Lunch</u> Chicken & Waffles or	<u>Lunch</u> Cheeseburger or
	Cheesy Bread w/ Marinara	Cheese Enchillada	Grilled Chicken on a Salad	Yogurt Plate	ChefSalad
	Side Salad w/ Ranch	Mexican Rice	Cucumber and Tomato Salad	Fresh Veggies w/ Dip	French Fries
	Fruit	Pinto Beans	Fruit	Fruit	Cole Slaw
		Frui			Cool Rips Slushy