

## Greenwood School District 50 Lakeview Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate,
     1oz Grain, Fruit, Vegetable
     and choice of 8oz milk
- Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



ſ	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ı			Dr. Seuss Day		1
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	4	5	6	7	8
	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
	French Toast	Chicken Biscuit	Pancake Pup	Grits w/ Bacon	Sausage Biscuit
	<u>Lunch</u> Chicken Sandwich or	<u>Lunch</u> Baked Spaghetti w/ Garlic Bread or	<u>Lunch</u> Pizza or	<u>Lunch</u> Mongolian Beef or	<u>Lunch</u> BBQ Pork Sandwich or
	Ham & Cheese Lunchable	Cheesy Bread w/ Marinara	Grilled Chicken on a Salad	Yogurt Plate	ChefSalad
	French Fries	Zucchini	Corn	Fried Rice	Onion Rings
	Fruit	Fruit	Fruit	Broccoli	Baked Beans
				Egg Roll Fruit	Cool Rips Slushy
ľ	11	12	13	14	15
İ	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	Breakfast	
	Muffin & Cheese Stick	Chicken Biscuit	Blueberry Pancakes	Grits w/ Sausage	
	<u>Lunch</u> Cheesy Chicken & Noodles or	<u>Lunch</u> Soft Beef Tacos or	<u>Lunch</u> Pizza or	Lunch	
	Ham & Cheese Lunchable	Cheese Quesadilla	Grilled Chicken on a Salad	Chicken & Waffles or Yogurt Plate	
	Turnip Greens	Mexican Rice	Cucumber and Tomato Salad	Fresh Veggies w/ Dip	
	Yeast Roll	Refried Beans Fruit	Fruit	Fruit	
ı	Fruit	Fruit			
k	18		20	21	22
3		Breakfast	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
1		Breakfast Burrito	Grilled Cheese w/ Bacon	Grits w/ Sausage	Yogurt w/ String Cheese
		Lunch	Lunch	<u>Lunch</u>	Lunch
		Crunchy Beef Tacos or	Pancakes or	Mongolian Beef or	BBQ Beef Sandwich or
		Cheese Quesadilla	Grilled Chicken on a Salad	Yogurt Plate Fried Rice	Chef Salad
		Mexican Rice	Sausage Scrambled Eggs	Carrots	Chips
		Pinto Beans Fruit	Hash Browns	Egg Roll	Cucumbers w/ Dip Fruit
			Fruit	Fruit	
	25	26	27	28	29
ı	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
	French Toast	Chicken Biscuit	Pancake Pup	Grits w/ Bacon	Sausage Biscuit
	Lumah	Lucah	Lucak	Lucak	Lucate
	<u>Lunch</u> Chicken Alfredo w/ Breadstick or	<u>Lunch</u> Crunchy Beef Tacos or	<u>Lunch</u> Pizza or	<u>Lunch</u> Chicken & Waffles or	<u>Lunch</u> BBQ Pork Sandwich or
	Cheesy Bread w/ Marinara	Cheese Enchillada	Grilled Chicken on a Salad	Yogurt Plate	ChefSalad
	Side Salad w/ Ranch	Mexican Rice	Cucumber and Tomato Salad	Fresh Veggies w/ Dip	French Fries
	Fruit	Pinto Beans Frui	Fruit	Fruit	Cole Slaw
		1 101			Cool Rips Slushy
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