

Greenwood School District 50 Mathews Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



| MONDAY                                      | TUESDAY                                     | WEDNESDAY                      | THURSDAY                          | FRIDAY                               |
|---|---|--------------------------------|-----------------------------------|--------------------------------------|
|   |   | Dr. Seuss Day                  |                                   | 1                                    |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
| _   |   | _                              | _                                 |                                      |
| 4   | 5   | 6                              | 7                                 | 8                                    |
| Breakfast                                   | Breakfast                                   | Breakfast                      | Breakfast                         | Breakfast                            |
| French Toast                                | Chicken Biscuit                             | Pancake Pup                    | Grits w/ Bacon                    | Sausage Biscuit                      |
| Lek   | Lab   | tt.                            | Lunch                             | Lunch                                |
| <u>Lunch</u><br>Chicken Sandwich or         | Lunch<br>Baked Spaghetti w/ Garlic Bread or | <u>Lunch</u><br>Pizza or       | <u>Lunch</u><br>Orange Chicken or | <u>Lunch</u><br>BBQ Pork Sandwich or |
| Ham & Cheese Lunchable                      | Cheesy Bread w/ Marinara                    | Chicken Salad w/ Crackers      | Yogurt Plate                      | Chef Salad                           |
| French Fries                                | Zucchini                                    | Corn                           | Fried Rice                        | Onion Rings                          |
| Fruit                                       | Fruit                                       | Fruit                          | Broccoli                          | Baked Beans                          |
|   |   |                                | Egg Roll                          | Cool Rips Slushy                     |
|   |   |                                | Fruit                             |                                      |
| 11  | 12  | 13                             | 14                                | 15                                   |
| Breakfast                                   | Breakfast                                   | Breakfast                      | Breakfast                         |                                      |
| Muffin & Cheese Stick                       | Chicken Biscuit                             | Blueberry Pancakes             | Grits w/ Sausage                  |                                      |
| Lunch                                       | Lunch                                       | Lunch                          | Lunch                             |                                      |
| <u>Lunch</u><br>Cheesy Chicken & Noodles or | Soft Beef Tacos or                          | <u>Lunch</u><br>Pizza or       | Chicken & Waffles or              |                                      |
| Ham & Cheese Lunchable                      | Cheese Quesadilla                           | Chicken Salad w/ Crackers      | Yogurt Plate                      |                                      |
| Turnip Greens                               | Mexican Rice                                | Cucumber and Tomato Salad      | Fresh Veggies w/ Dip<br>Fruit     |                                      |
| Yeast Roll                                  | Refried Beans                               | Fruit                          | Fluit                             |                                      |
| Fruit                                       | Fruit                                       |                                |                                   |                                      |
| 18  |   | 20                             | 21                                | 22                                   |
| 18  | Breakfast                                   | Breakfast                      | Breakfast                         | Breakfast                            |
|   | Breakfast Burrito                           | Grilled Cheese w/ Bacon        | Grits w/ Sausage                  | Yogurt w/ String Cheese              |
|   | Dieakiast Durito                            | Ghiled Cheese wy bacon         | Gills wy Sausage                  | Togurt wy String Cheese              |
|   | Lunch                                       | Lunch                          | Lunch                             | Lunch                                |
|   | Crunchy Beef Tacos or                       | Pizza or                       | Orange Chicken or                 | BBQ Beef Sandwich or                 |
|   | Cheese Quesadilla                           | Chicken Salad w/ Crackers Corn | Yogurt Plate<br>Fried Rice        | Chef Salad                           |
|   | Mexican Rice                                | Fruit                          | Carrots                           | Chips                                |
|   | Pinto Beans                                 |                                | Egg Roll                          | Cucumbers w/ Dip                     |
|   | Fruit                                       |                                | Fruit                             | Fruit                                |
|   |   |                                | 20                                | 20                                   |
| 25  | 26  | 27                             | 28                                | 29                                   |
| Breakfast                                   | Breakfast                                   | Breakfast                      | Breakfast                         | Breakfast                            |
| French Toast                                | Chicken Biscuit                             | Pancake Pup                    | Grits w/ Bacon                    | Sausage Biscuit                      |
| Lucah                                       | l um alt                                    | Lucah                          | Lunak                             | Lungsh                               |
| Lunch<br>Chicken Alfredo w/ Breadstick or   | Lunch<br>Crunchy Beef Tacos or              | <u>Lunch</u><br>Pizza or       | <u>Lunch</u><br>Bag Lunch         | <u>Lunch</u><br>Cheeseburger or      |
| Cheesy Bread w/ Marinara                    | Cheese Enchillada                           | Chicken Salad w/ Crackers      | Sandwich                          | ChefSalad                            |
| Side Salad w/ Ranch                         | Mexican Rice                                | Cucumber and Tomato Salad      | Chips                             | French Fries                         |
| Fruit                                       | Pinto Beans                                 | Fruit                          | Fruit                             | Cole Slaw                            |
|   | Frui  |                                |                                   | Cool Rips Slushy                     |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   |   |                                |                                   |                                      |
|   | <u> </u>                                    |                                | <u> </u>                          | <u> </u>                             |