

Greenwood School District 50 Mathews Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Dr. Seuss Day		1
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4	5	6	7	8
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast	Chicken Biscuit	Pancake Pup	Grits w/ Bacon	Sausage Biscuit
Lek	Lab	tt.	Lunch	Lunch
<u>Lunch</u> Chicken Sandwich or	Lunch Baked Spaghetti w/ Garlic Bread or	<u>Lunch</u> Pizza or	<u>Lunch</u> Orange Chicken or	<u>Lunch</u> BBQ Pork Sandwich or
Ham & Cheese Lunchable	Cheesy Bread w/ Marinara	Chicken Salad w/ Crackers	Yogurt Plate	Chef Salad
French Fries	Zucchini	Corn	Fried Rice	Onion Rings
Fruit	Fruit	Fruit	Broccoli	Baked Beans
			Egg Roll	Cool Rips Slushy
			Fruit	
11	12	13	14	15
Breakfast	Breakfast	Breakfast	Breakfast	
Muffin & Cheese Stick	Chicken Biscuit	Blueberry Pancakes	Grits w/ Sausage	
Lunch	Lunch	Lunch	Lunch	
<u>Lunch</u> Cheesy Chicken & Noodles or	Soft Beef Tacos or	<u>Lunch</u> Pizza or	Chicken & Waffles or	
Ham & Cheese Lunchable	Cheese Quesadilla	Chicken Salad w/ Crackers	Yogurt Plate	
Turnip Greens	Mexican Rice	Cucumber and Tomato Salad	Fresh Veggies w/ Dip Fruit	
Yeast Roll	Refried Beans	Fruit	Fluit	
Fruit	Fruit			
18		20	21	22
18	Breakfast	Breakfast	Breakfast	Breakfast
	Breakfast Burrito	Grilled Cheese w/ Bacon	Grits w/ Sausage	Yogurt w/ String Cheese
	Dieakiast Durito	Ghiled Cheese wy bacon	Gills wy Sausage	Togurt wy String Cheese
	Lunch	Lunch	Lunch	Lunch
	Crunchy Beef Tacos or	Pizza or	Orange Chicken or	BBQ Beef Sandwich or
	Cheese Quesadilla	Chicken Salad w/ Crackers Corn	Yogurt Plate Fried Rice	Chef Salad
	Mexican Rice	Fruit	Carrots	Chips
	Pinto Beans		Egg Roll	Cucumbers w/ Dip
	Fruit		Fruit	Fruit
			20	20
25	26	27	28	29
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast	Chicken Biscuit	Pancake Pup	Grits w/ Bacon	Sausage Biscuit
Lucah	l um alt	Lucah	Lunak	Lungsh
Lunch Chicken Alfredo w/ Breadstick or	Lunch Crunchy Beef Tacos or	<u>Lunch</u> Pizza or	<u>Lunch</u> Bag Lunch	<u>Lunch</u> Cheeseburger or
Cheesy Bread w/ Marinara	Cheese Enchillada	Chicken Salad w/ Crackers	Sandwich	ChefSalad
Side Salad w/ Ranch	Mexican Rice	Cucumber and Tomato Salad	Chips	French Fries
Fruit	Pinto Beans	Fruit	Fruit	Cole Slaw
	Frui			Cool Rips Slushy
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