

Greenwood School District 50 Rice Elementary School Menu Each menu is subject to change without notice based on vendor deliveries and/or product availability
"This institution is an equal opportunity provider."
$\checkmark$ USDA requires five components to be offered to all students at lunch:

- $20 z$ Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of $80 z$ milk
$\checkmark$ Students must choose at least three items, one of which must be a fruit or vegetable.
Fresh fruit, $100 \%$ fruit juice, and a variety of milk are offered at every lunch.


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 |
|  |  |  |  |  |
| 4 | 5 | 6 | 7 | 8 |
| Breakfast <br> Muffin <br> Lunch <br> Chicken Sandwich or Ham \& Cheese Wrap French Fries Fruit | Breakfast <br> Chicken Biscuit <br> Lunch <br> Baked Spaghetti w/ Garlic Bread or Cheesy Bread w/ Marinara Zucchini Fruit | Breakfast <br> Chocolate Crescent | Breakfast <br> Cereal Bar <br> Lunch <br> Orange Chicken or Yogurt Plate Fried Rice Broccoli Egg Roll Fruit | Breakfast <br> Breakfast Pizza <br> Lunch <br> BBQ Pork Sandwich or Chef Salad Onion Rings Baked Beans Cool Rips Slushy |
| 11 | 12 | 13 | 14 | 15 |
| Breakfast <br> Pancake Pup <br> Lunch <br> Country Style Steak or Ham \& Cheese Wrap Turnip Greens Macaroni \& Cheese Yeast Roll Fruit | Breakfast <br> Pancake w/ Sausage Link <br> Lunch <br> Soft Beef Tacos or Cheese Quesadilla Corn Refried Beans Fruit | $\frac{\text { Breakfast }}{\text { Waffles }}$ Lalzon Calzor or Chicken Salad on Lettuce Cucumber and Tomato Salad Fruit | Breakfast <br> Cereal Bar <br> Lunch <br> Chicken \& Waffles or Yogurt Plate Cucumbers w/ Dip Fruit |  |
| 18 |  | 20 | 21 | 22 |
|  | Breakfast <br> Breakfast Burrito <br> Lunch <br> Crunchy Beef Tacos or Cheese Quesadilla Mexican Rice Pinto Beans Fruit | Grilled $\frac{\text { Breakfast }}{\text { Cheese w/ Bacon }}$Italian CheeseLunch <br> or <br> oread <br> Chicken Salad on Lettuce <br> Corn <br> Fruit | Breakfast <br> Cereal Bar <br> Lunch <br> Orange Chicken or Yogurt Plate Fried Rice Carrots Egg Roll Fruit | Breakfast <br> Breakfast Pizza <br> Lunch <br> BBQ Beef Sandwich or Chef Salad Chips Veggies w/ Dip Fruit |
| 25 | 26 | 27 | 28 | 29 |
| Breakfast <br> French Toast <br> Lunch <br> BBQ Sandwich or Cheesy Bread w/ Marinara Side Salad w/ Ranch Fruit | Breakfast <br> Chicken Biscuit <br> Lunch <br> Crunchy Beef Tacos or <br> Cheese Enchillada Mexican Rice Pinto Beans Frui | Breakfast Pancake Pup Lunch Pizza or Chicken Salad on Lettuce Cucumber and Tomato Salad Fruit | Breakfast <br> Cereal Bar <br> Lunch <br> Chicken \& Waffles or Yogurt Plate Fresh Veggies w/ Dip Fruit | Breakfast <br> Grilled Cheese <br> Lunch <br> Cheeseburgeror Chef Salad French Fries Cole Slaw Cool Rips Slushy |

