

ΜΟΝΠΑΥ

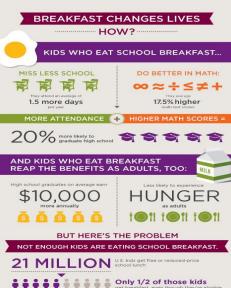
THESDAY

## Greenwood School District 50 Middle & High School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



BREAKFAST CAN CHANGE THEIR LIVES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
	5	6	7	8
1	12	13	14	15
8	19	20	21	22
0	15	20	Breakfast	Breakfast
			Sausage Biscuit	Grilled Cheese w/ Bacon
			Lunch	
			Orange Chicken	Lunch
			Fried Rice	BBQ Pork Sandwich
				Onion Rings
			Broccoli	Baked Beans
			Egg Roll	Cole Slaw
			Fruit	Fruit
				i i aic
5	26	27	28	29
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cinnamon Roll	Yogurt w/ Graham Crackers	Chicken Biscuit	Grits w/ Bacon	French Toast Sticks
	Togurt wy Granani Crackers		GIILS W/ DdCUII	FIERCH TOAST SUCKS
Lunch	Lunch	Lunch	Lunch	Lunch
	Beef Taco	Chicken & Waffles	General Tso's Chicken	Grilled Chicken
Chicken Wings		Mashed Potatoes w/ Gravy	Fried Rice	Macaroni & Cheese
Broccoli & Cheese	Refried Beans		Cabbage	Green Beans
Broccoli & Cheese Ranch Roasted Potatoes	Chips, Salsa & Cheese Dip	Green Beans	•	
Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll		Green Beans Fruit	Egg Roll	Dinner Roll
Broccoli & Cheese Ranch Roasted Potatoes	Chips, Salsa & Cheese Dip		Egg Roll Fruit	
Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll	Chips, Salsa & Cheese Dip		Egg Roll	Dinner Roll Fruit
Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll	Chips, Salsa & Cheese Dip		Egg Roll	
Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll	Chips, Salsa & Cheese Dip		Egg Roll	

WEDNESDAY

THURSDAY

FRIDAY