

SEPTEMBER

Greenwood School District 50 Middle & High School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Breakfast Chicken Biscuit</p> <p>Lunch BBQ Pork Okra Baked Beans Texas Toast Fruit</p>	<p>Breakfast Honey Bun & String Cheese</p> <p>Lunch Soft Chicken Tacos Mexican Rice Black Beans Cool Rips Slushie</p>	<p>Breakfast Pancake Pup</p> <p>Lunch Country Style Steak Mashed Potatoes w/ Gravy Turnip Greens Dinner Roll Fruit</p>	<p>1</p> <p>Breakfast Grits w/ Bacon</p> <p>Lunch Orange Chicken LoMein Noodles Carrots Egg Roll Fruit</p>	<p>2</p> <p>Breakfast Sausage Biscuit</p> <p>Lunch Spaghetti w/ Meat Sauce Cinnamon Roll Zucchini Fruit</p>
<p>5</p> 	<p>6</p> <p>Breakfast Yogurt w/ Graham Crackers</p> <p>Lunch Beef Taco Refried Beans Chips, Salsa & Cheese Dip Fruit</p>	<p>7</p> <p>Breakfast Chicken Biscuit</p> <p>Lunch Chicken & Waffles Mashed Potatoes w/ Gravy Green Beans Fruit</p>	<p>8</p> <p>Breakfast Grits w/ Bacon</p> <p>Lunch General Tso's Chicken Fried Rice Cabbage Egg Roll Fruit</p>	<p>9</p> <p>Breakfast French Toast Sticks</p> <p>Lunch Oven Roasted Chicken Macaroni & Cheese Green Beans Dinner Roll Fruit</p>
<p>12</p> <p>Breakfast Scrambled Eggs w/ Sausage Link</p> <p>Lunch Meatloaf Garlic Mashed Potatoes Peas & Carrots Dinner Roll Fruit</p>	<p>13</p> <p>Breakfast Breakfast Pizza</p> <p>Lunch Brisket Tacos Pinto Beans Mexican Rice Fruit</p>	<p>14</p> <p>Breakfast Pancakes</p> <p>Lunch Chicken Alfredo Broccoli Garlic Knots Fruit</p>	<p>15</p> <p>Breakfast Grits w/ Bacon</p> <p>Lunch Orange Chicken Fried Rice Vegetable Blend Egg Roll Fruit</p>	<p>16</p> <p>Breakfast Sausage Biscuit</p> <p>Lunch Chicken Tenders Macaroni & Cheese Green Beans Dinner Roll Fruit</p>
<p>19</p> <p>Breakfast Chicken Biscuit</p> <p>Lunch BBQ Pork Okra Baked Beans Texas Toast Fruit</p>	<p>20</p> <p>Breakfast Honey Bun & String Cheese</p> <p>Lunch Soft Chicken Tacos Mexican Rice Black Beans Cool Rips Slushie</p>	<p>21</p> <p>Breakfast Pancake Pup</p> <p>Lunch Country Style Steak Mashed Potatoes w/ Gravy Turnip Greens Dinner Roll Fruit</p>	<p>22</p> <p>Breakfast Grits w/ Bacon</p> <p>Lunch Orange Chicken LoMein Noodles Carrots Egg Roll Fruit</p>	<p>23</p> <p>Breakfast Sausage Biscuit</p> <p>Lunch Spaghetti w/ Meat Sauce Cinnamon Roll Zucchini Fruit</p>
<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>



Celebrate
National School
LUNCH WEEK

OCT. 10-14
2022

Peace, Love
& School
LUNCH

#NSLW22 | #peaceloveschoollunch