

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast Chicken Biscuit or Grits w/ Sausage Link Lunch Teriyaki Beef Fried Rice Carrots Egg Roll Fruit	3 Breakfast Cinnamon Roll or Grits w/ Sausage Link Lunch Teriyaki Chicken LoMein Noodles Oriental Vegetables Egg Roll Fruit	4 Breakfast Doughnut Holes or Cereal w/ Cereal Bar Lunch Oven Roasted Chicken Collard Greens Candied Yams Yeast Roll Fruit	5 Breakfast Breakfast Pizza or Grits w/ Bacon Lunch BBQ Pork Rib Macaroni & Cheese Black Eyed Peas Yeast Roll Fruit	6 Breakfast Strawberry Muffin or Assorted Cereal w/ Yogurt Lunch Lemon Pepper Chicken Wings Corn Green Beans Dinner Roll Cool Rips Fruit Slush
9 Breakfast Pork Chop Biscuit or Cereal w/ String Cheese Lunch BBQ Pork Sandwich Cole Slaw Baked Beans Fresh Carrots w/ Dip Fruit	10 Breakfast Cinnamon Roll or Grits w/ Sausage Link Lunch Teriyaki Chicken LoMein Noodles Oriental Vegetables Egg Roll Fruit	11 Breakfast Eggs, Bacon, Hash Browns or Cereal w/ Cereal Bar Lunch Country Style Steak Mashed Potatoes w/ Gravy Turnip Greens Yeast Roll Fruit	12 Breakfast Doughnut Holes or Grits w/ Bacon Lunch Oven Fried Chicken Rice w/ Gravy Broccoli w/ Cheese Yeast Roll Cool Rips Fruit Slush	13 Breakfast Biscuit w/ Gravy or Assorted Cereal w/ Yogurt Lunch Cheese Stuffed Shells Garlic Bread Oven Roasted Vegetables Crispy Ranch Potatoes Fruit
16 Breakfast Chicken & Tots or Cereal w/ String Cheese Lunch Oven Fried Chicken Macaroni & Cheese Green Beans Yeast Roll Cool Rips Fruit Slush	17 Breakfast Eggs, Sausage, Toast or Grits w/ Sausage Link Lunch Orange Chicken Fried Rice Oriental Vegetables Egg Roll Fruit	18 Early Release Day Breakfast Doughnut Holes & Fruit or Cereal w/ Cereal Bar Lunch Sandwich Chips Fruit Cookie	19 Breakfast Strawberry Muffin or Grits w/ Bacon Lunch Spaghetti w/ Meatballs Corn Zucchini Garlic Bread Fruit	20 Breakfast Assorted Muffin w/ Fruit or Assorted Cereal w/ Yogurt Lunch Fried Catfish Sautéed Cabbage Cheese Grits Hushpuppies Fruit
23 Breakfast Chicken Biscuit or Cereal w/ String Cheese Lunch Hamburger Steak Mashed Potatoes w/ Gravy Green Peas Spaghetti Squash Yeast Roll Cool Rips Fruit Slush	24 Breakfast Dutch Waffle or Grits w/ Sausage Link Lunch Teriyaki Beef Fried Rice Carrots Egg Roll Fruit	25 Breakfast Breakfast Pizza or Cereal w/ Cereal Bar Lunch BBQ Pork w/ Roll Breaded Okra Baked Beans Collard Greens Cool Rips Fruit Slush	26 Breakfast Doughnut Holes or Grits w/ Bacon Lunch Beef Taco Stick Chips w/ Salsa Mexican Rice Pinto Beans Fruit	27 Breakfast Sausage Biscuit or Assorted Cereal w/ Yogurt Lunch Teriyaki Chicken Wings Carrots & Celery w/ Ranch Cheese Bread Fruit
30 Breakfast Pork Chop Biscuit or Cereal w/ String Cheese Lunch Chicken Alfredo Pasta Steamed Spinach Garlic Bread Fruit				

April 2018

Emerald High School Breakfast & Lunch Menu

Breakfast Options: • Assorted Milk •
100% Fruit Juice • Canned Fruits/Fresh
Fruits • Variety of Cereals

Breakfast includes choice of:
Entrée, fruit & milk.
Students **must** select a fruit/juice.

Lunch includes a choice of:
Entrée with grain/bread, 1-2 vegetables,
fruit & milk.
Students **must** select a fruit
and/or vegetable.

Milk Choices: • Fat Free and
1% Unflavored, Fat Free Strawberry,
Chocolate, and Vanilla

Menu selection is subject to
change at any time.*



SC - Indicates locally grown



Greenwood School District 50
Child Nutrition Services

**“USDA and this
institution are
equal opportunity
providers and
employers.”**