Monday	Tuesday	Wednesday		Thursday		Friday	
		Breakfast Donut Holes or Assorted Cereal  Lunch Bag Ham & Cheese Sandwich Fresh Veggies Chips Fruit	1	Breakfast Grits w/ Bacon or Assorted Cereal  Lunch Bag BBQ Sandwich Fresh Veggies Chips Fruit	2	Breakfast Chorizo Stick or Assorted Cereal  Lunch Chicken Pot Pie Corn Cabbage Cool Rips Fruit Slush	3
Breakfast Donut Holes or Assorted Cereal  Lunch Ravioli w/ Marinara Corn Fresh Veggies w/ Ranch Breadstick Fruit	Breakfast Grits w/ Sausage or Assorted Cereal  Lunch Bag Grilled Cheese Fresh Veggies Fruit	Breakfast Biscuit w/ Sausage Gravy Assorted Cereal  Lunch Bag BBQ Chicken Sandwich Chips Fresh Veggies Fruit	or 8	Breakfast Grits w/ Bacon or Assorted Cereal  Lunch Roast Beef Mashed Potatoes w/ Gravy Steamed Cabbage Yeast Roll Cool Rips Fruit Slush	9	Breakfast French Toast Bites or Assorted Cereal  Lunch Oven Fried Chicken Rice Green Beans Black Eyed Peas Yeast Roll Fruit	10
Breakfast 13 Cinnamon Roll or Assorted Cereal  Lunch Stuffed Shells Chef's Choice Potatoes Broccoli Breadstick Fruit	Breakfast Grits w/ Sausage Link or Assorted Cereal  Lunch Teriyaki Chicken Fried Rice Carrots Egg Roll Fruit	Breakfast Breakfast Pizza or Assorted Cereal  Lunch Sliced Turkey w/ Gravy Mashed Potatoes Breaded Okra Corn Fruit Cookie	15	Breakfast Grits w/ Bacon or Assorted Cereal  Lunch Beef Nachos Queso Sauce Salsa Mexican Rice Black Beans Fruit	16	Breakfast Sausage Biscuit or Assorted Cereal  Lunch Fried Fish Sautéed Greens Cheese Grits Hushpuppies Fruit	17
Breakfast 20 Pancake Bites or Assorted Cereal  Lunch Roast Beef Mashed Potatoes w/ Gravy Broccoli w/ Cheese Yeast Roll Fruit	Breakfast Grits w/ Sausage Link or Assorted Cereal  Lunch Chicken & Rice Carrots Green Bean Roll Fruit	Eggs, Bacon & Hash Brow Assorted Cereal  Lunch Ham Pinto Beans Sautéed Greens Yeast Roll Fruit	22 vns or	Breakfast Grits w/ Bacon or Assorted Cereal  Lunch Chicken Nachos Chips & Salsa Mexican Rice Queso Cheese Refried Beans Fruit	23	Breakfast Chorizo Stick or Assorted Cereal  Lunch BBQ Chicken Corn Baked Beans Cool Rips Fruit Slush	24
Happy Memorial Day	Breakfast Donuts or Assorted Cereal  Lunch BBQ Sandwich Chef's Choice Vegetable Fruit	28 Breakfast Chef's Choice or Assorted Cereal  Lunch Grilled Cheese Chef's Choice Vegetable Fruit	29		30	Enjoy your sun break!	31 nmer

## May 2019

## Brewer Middle School Breakfast & Lunch Menu

**Breakfast Options:** • Assorted Milk • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

## Breakfast includes choice of:

Entrée, fruit & milk. Students **must** select a fruit/juice.

## Lunch includes a choice of:

Entrée with grain/bread, 1-2 vegetables, fruit & milk.
Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.\*



SC - Indicates locally grown



Greenwood School District 50
Child Nutrition Services