

Monday	Tuesday	Wednesday	Thursday	Friday
		<u>Breakfast</u> Donut Holes or Assorted Cereal 1 <u>Lunch Bag</u> Sandwich Fresh Veggies Chips Fruit	<u>Breakfast</u> Grits w/ Bacon or Assorted Cereal 2 <u>Lunch</u> Fish Fried Rice Onion Strings Cole Slaw Fruit	<u>Breakfast</u> Chorizo Stick or Assorted Cereal 3 <u>Lunch</u> Chicken Pot Pie Carrots Broccoli Cool Rips Fruit Slush
<u>Breakfast</u> Donut Holes or Assorted Cereal 6 <u>Lunch</u> Ravioli w/ Marinara Corn Fresh Veggies w/ Ranch Breadstick Fruit	<u>Breakfast</u> Grits w/ Sausage or Assorted Cereal 7 <u>Lunch</u> Teriyaki Chicken Fried Rice Carrots Egg Roll Fruit	<u>Breakfast</u> Biscuit w/ Sausage Gravy or Assorted Cereal 8 <u>Lunch Bag</u> BBQ Pork Baked Beans Corn on the Cob Cole Slaw Roll Fruit	<u>Breakfast</u> Grits w/ Bacon or Assorted Cereal 9 <u>Lunch</u> Roast Beef Mashed Potatoes w/ Gravy Broccoli Yeast Roll Cool Rips Fruit Slush	<u>Breakfast</u> French Toast Bites or Assorted Cereal 10 <u>Lunch</u> Oven Roasted Chicken Fried Rice Green Beans Black Eyed Peas Fruit
<u>Breakfast</u> Chorizo or Assorted Cereal 13 <u>Lunch</u> Stuffed Shells Carrots Broccoli Salad Breadstick Fruit	<u>Breakfast</u> Grits w/ Sausage Link or Assorted Cereal 14 <u>Lunch</u> Teriyaki Chicken Fried Rice Carrots Egg Roll Fruit	<u>Breakfast</u> Donut Holes or Assorted Cereal 15 <u>Lunch</u> Roast Beef Mashed Potatoes Broccoli Corn Fruit Cookie	<u>Breakfast</u> Grits w/ Bacon or Assorted Cereal 16 <u>Lunch</u> Taco Stick Cheese Sauce Salsa Mexican Rice Black Beans Fruit	<u>Breakfast</u> Biscuit/ Gravy or Assorted Cereal 17 <u>Lunch</u> Fried Fish Sautéed Collards Cole Slaw Hushpuppies Fruit
<u>Breakfast</u> French Toast Bites or Assorted Cereal 20 <u>Lunch</u> Meatloaf Mashed Potatoes w/ Gravy Broccoli w/ Cheese Yeast Roll Fruit	<u>Breakfast</u> Grits w/ Sausage Link or Assorted Cereal 21 <u>Lunch</u> BBQ Sandwich Fries Carrots Cole Slaw Fruit	<u>Breakfast</u> Eggs, Bacon & Hash Browns or Assorted Cereal 22 <u>Lunch</u> Buffalo Chicken Wings Celery & Carrots w/ Ranch French Fries Yeast Roll Fruit	<u>Breakfast</u> Grits w/ Bacon or Assorted Cereal 23 <u>Lunch</u> Chicken Quesadilla Cheese Sauce Salsa Mexican Rice Refried Beans Fruit	<u>Breakfast</u> Biscuit / Gravy or Assorted Cereal 24 <u>Lunch</u> BBQ Chicken Carrots Baked Beans Cole Slaw Cool Rip Slush
27 Happy Memorial Day	28 <u>Breakfast</u> Grits w/ Sausage Link or Assorted Cereal <u>Lunch</u> BBQ Sandwich Chef's Choice Vegetable Fruit 1/2 Day of School	29 <u>Breakfast</u> Donut Holes or Assorted Cereal <u>Lunch</u> BBQ Sandwich Chef's Choice Vegetable Fruit Last Day of School	30 Enjoy your summer break!	31

May

Emerald High School

Breakfast & Lunch Menu

Breakfast Options: • Assorted Milk • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

Breakfast includes choice of:
Entrée, fruit & milk.
Students **must** select a fruit/juice.

Lunch includes a choice of:
Entrée with grain/bread, 1-2 vegetables, fruit & milk.
Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.*



SC - Indicates locally grown



*Greenwood School District 50
Child Nutrition Services*