| Monday | Tuesday | Wednesday | Thursday |  | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Breakfast <br> Honey Bun or <br> Assorted Cereal <br> Lunch <br> Cheeseburger Casserole <br> Broccoli <br> Squash <br> Fruit | Breakfast <br> Grits w/ Bacon or Assorted Cereal <br> Lunch <br> Fajita Chicken Nachos Chips \& Salsa Mexican Rice Refried Beans Fruit | 2 | Breakfast <br> Chorizo Stick or <br> Assorted Cereal <br> Lunch <br> Chicken Pot Pie <br> Corn <br> Cabbage <br> Cool Rips Fruit Slush |
| Breakfast <br> Donut Holes or <br> Assorted Cereal <br> Lunch <br> Ravioli w/ Marinara <br> Corn <br> Fresh Veggies w/ Ranch <br> Breadstick <br> Fruit | Breakfast <br> Grits w/ Sausage or Assorted Cereal <br> Lunch <br> General Tso's Chicken <br> Fried Rice <br> Carrots <br> Egg Roll <br> Fruit | Breakfast <br> Biscuit w/ Sausage Gravy or 8 <br> Assorted Cereal <br> Lunch <br> BBQ Pork <br> Baked Beans <br> Corn on the Cob <br> Cole Slaw <br> Texas Toast | Breakfast <br> Grits w/ Bacon or Assorted Cereal <br> Lunch <br> Beef Stew <br> Mashed Potatoes w/ Gravy <br> Steamed Cabbage <br> Yeast Roll <br> Cool Rips Fruit Slush | 9 | Breakfast <br> French Toast Bites or Assorted Cereal <br> Lunch <br> Oven Roasted Chicken <br> Rice Pinto Beans <br> Broccoli <br> Yeast Roll <br> Fruit |
| Breakfast Cinnamon Roll or Assorted Cereal Lunch Stuffed Shells Squash Broccoli Salad Breadstick Fruit | Breakfast <br> Grits w/ Sausage Link or <br> Assorted Cereal <br> Lunch <br> Teriyaki Chicken <br> Fried Rice <br> Carrots <br> Egg Roll <br> Fruit | Breakfast <br> Breakfast Pizza or <br> Assorted Cereal <br> Lunch <br> Fried Chicken <br> Mashed Potatoes <br> Breaded Okra <br> Corn <br> Fruit <br> Cookie | Breakfast <br> Grits w/ Bacon or Assorted Cereal <br> Lunch <br> Nachos w/ Taco Meat Cheese Sauce Salsa Mexican Rice Pinto Beans Fruit | 16 | Breakfast <br> Sausage Biscuit or Assorted Cereal <br> Lunch <br> Fried Fish <br> Cabbage <br> Cheese Grits <br> Hushpuppies <br> Fruit |
| Breakfast <br> Dutch Waffle or Assorted Cereal <br> Lunch <br> Cheeseburger Casserole <br> Mashed Potatoes w/ Gravy <br> Broccoli w/ Cheese <br> Yeast Roll <br> Fruit | Breakfast <br> Grits w/ Sausage Link or Assorted Cereal <br> Lunch <br> Orange Chicken <br> Fried Rice <br> Oriental Steamed Vegetables <br> Egg Roll <br> Fruit | Breakfast <br> Eggs, Bacon \& Hash Browns or Assorted Cereal <br> Lunch <br> Buffalo Chicken <br> Celery \& Carrots w/ Ranch <br> French Fries <br> Yeast Roll <br> Fruit | Breakfast <br> Grits w/ Bacon or Assorted Cereal <br> Lunch <br> Beef Nachos <br> Chips \& Salsa <br> Mexican Rice <br> Refried Beans <br> Fruit | 23 | Breakfast <br> Biscuit or <br> Assorted Cereal <br> Lunch <br> BBQ Chicken <br> Corn <br> Baked Beans <br> Vinaigrette Cole Slaw <br> Cool Rips Fruit Slush |
| $27$ <br> Happy Memorial Day | Breakfast Grits w/ Sausage Link or Assorted Cereal Lunch BBQ Sandwich Chef's Choice Vegetable Fruit 1/2 Day of School | Breakfast Chef's Choice or Assorted Cereal Lunch Chicken Salad \& Pimento Cheese Sandwiches Chef's Choice Vegetable Fruit Last Day Of School |  | 30 | Enjoy your summer break! |

# May 2019 

## Greenwood High School

## Breakfast \& Lunch Menu

Breakfast Options: • Assorted Milk • 100\% Fruit Juice •Canned Fruits/Fresh Fruits • Variety of Cereals

## Breakfast includes choice of:

Entrée, fruit \& milk.
Students must select a fruit/juice.

## Lunch includes a choice of:

Entrée with grain/bread, 1-2 vegetables, fruit \& milk.
Students must select a fruit and/or vegetable.

Milk Choices: • Fat Free and
1\% Unflavored, Fat Free Strawberry,
Chocolate, and Vanilla
Menu selection is subject to
change at any time.*


SC - Indicates locally grown


Greenwood School District 50
Child Nutrition Services

