

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Choice 2 Every Monday</u> Turkey Cheese Crackers	<u>Choice 2 Every Tuesday</u> Grilled Chicken Salad	<u>Choice 2 Every Wednesday</u> Yogurt Cheese Stick Graham Crackers	<u>Choice 2 Every Thursday</u> Chef Salad - Ham, Turkey, Cheese, Tomatoes, Cucumbers, Lettuce, Croutons	<u>Choice 2 Every Friday</u> Crispy Chicken Sandwich
		<u>Breakfast</u> 1 Honey Bun or Assorted Cereal <u>Lunch</u> Deli Sandwich Fresh Veggies Chips Fruit	<u>Breakfast</u> 2 Grits w/ Bacon or Assorted Cereal <u>Lunch</u> Beef Taco Chips & Salsa Pinto Beans Mexican Rice Fruit	<u>Breakfast</u> 3 Donuts or Assorted Cereal <u>Lunch</u> Roast Beef Mashed Potatoes w/ Gravy Black Eyed Peas Roll Fruit
<u>Breakfast</u> 6 Chicken Biscuit Assorted Cereal <u>Lunch</u> BBQ Sandwich Baked Beans Potato Chips Fruit	<u>Breakfast</u> 7 Grits w/ Sausage or Assorted Cereal <u>Lunch</u> Lasagna Broccoli Carrots Garlic Bread Fruit	<u>Breakfast</u> 8 Sausage Biscuit or Assorted Cereal <u>Lunch</u> Fish Sticks Cabbage Cheese Grits Hushpuppies Fruit	<u>Breakfast</u> 9 Grits w/ Bacon or Assorted Cereal <u>Lunch</u> Pizza SC Salad Bar Sweet Potato Waffle Fries Fruit	<u>Breakfast</u> 10 Pancakes or Assorted Cereal <u>Lunch</u> Chicken Nuggets Tater Tots Fruit Bar Brownie
<u>Breakfast</u> 13 French Toast Bites or Assorted Cereal <u>Lunch</u> Cheeseburger French Fries Corn Fruit	<u>Breakfast</u> 14 Grits w/ Sausage or Assorted Cereal <u>Lunch</u> BBQ Sandwich Baked Beans Salad Bar Cool Rips Fruit Slush	<u>Breakfast</u> 15 Eggs, Bacon & Hash Browns Assorted Cereal <u>Lunch</u> Pizza SC Salad Bar Smashed Cauliflower Fruit	<u>Breakfast</u> 16 Grits w/ Bacon or Assorted Cereal <u>Lunch</u> Lasagna Carrots Garlic Bread Fruit	<u>Breakfast</u> 17 Chicken Biscuit or Assorted Cereal <u>Lunch</u> Roast Beef Mashed Potatoes w/ Gravy Black Eyed Peas Roll Fruit
<u>Breakfast</u> 20 Biscuit or Assorted Cereal <u>Lunch</u> Rotisserie Chicken Pasta w/ Alfredo Broccoli Bread Stick Fruit	<u>Breakfast</u> 21 Grits w/ Sausage or Assorted Cereal <u>Lunch Bag</u> Sandwich Fresh Veggies Chips Fruit	<u>Breakfast</u> 22 Breakfast Pizza or Assorted Cereal <u>Lunch Bag</u> Sandwich Fresh Veggies Chips Fruit	<u>Breakfast</u> 23 Grits w/ Bacon or Assorted Cereal <u>Lunch Bag</u> Sandwich Fresh Veggies Chips Fruit	<u>Breakfast</u> 24 Sausage Biscuit or Assorted Cereal <u>Lunch Bag</u> Sandwich Fresh Veggies Chips Fruit
Happy Memorial Day 27	<u>Breakfast</u> 28 Grits w/ Sausage or Assorted Cereal <u>Lunch Bag</u> Sandwich Fresh Veggies Chips Fruit <u>1/2 Day of School</u>	<u>Breakfast</u> 29 Chef's Choice or Assorted Cereal <u>Lunch Bag</u> Sandwich Fresh Veggies Chips Fruit Last Day of School	30	31 Enjoy your summer break!

May 2019

Mathews Elementary

Breakfast & Lunch Menu

Breakfast Options: • Assorted Milk •
100% Fruit Juice • Canned Fruits/Fresh
Fruits • Variety of Cereals

Breakfast includes choice of:

Entrée, fruit & milk.

Students **must** select a fruit/juice.

Lunch includes a choice of:

Entrée with grain/bread, 1-2 vegetables,
fruit & milk.

Students **must** select a fruit
and/or vegetable.

Milk Choices: • Fat Free and
1% Unflavored, Fat Free Strawberry,
Chocolate, and Vanilla

Menu selection is subject to
change at any time.*



SC - Indicates locally grown



Greenwood School District 50
Child Nutrition Services