

April 11 – June 2, 2023

Greenwood School District 50 Emerald High School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate,
 - 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 No School	11 Breakfast Honey Bun & String Cheese Lunch Soft Chicken Tacos Mexican Rice Black Beans Cool Rips Slushie	12 Breakfast Sausage Biscuit Lunch Baked Chicken Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	13 Breakfast Grits w/ Bacon Lunch Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	14 Breakfast French Toast Sticks Lunch Spaghetti w/ Meat Sauce Fresh Steamed Squash Cinnamon Roll Fruit
17 Breakfast Yogurt w/ Graham Crackers Lunch Chicken Wings Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll Fruit	18 Breakfast Cinnamon Roll Lunch Beef Nachos Refried Beans Salsa & Cheese Dip Fruit	19 Breakfast Chicken Biscuit Lunch Chicken Tenders Macaroni & Cheese Green Beans Roll Fruit	20 Breakfast Grits w/ Bacon Lunch General Tso's Chicken Fried Rice Cabbage 2 Dumplings Fruit	21 Breakfast Breakfast Pizza Lunch Chicken Alfredo Broccoli Dinner Roll Fruit
24 Breakfast Biscuit w/ Gravy Lunch BBQ Chicken Mashed Potatoes w/ Gravy Black Eyed Peas Steamed Cabbage Roll Fruit	25 Breakfast Chicken Biscuit Lunch Cheese Enchiladas Pinto Beans Mexican Rice Fruit	26 Breakfast Sausage Biscuit Lunch Chicken Alfredo Broccoli Garlic Knots Fruit	27 Breakfast Grits w/ Bacon Lunch Orange Chicken Fried Rice Carrots 2 Dumplings Fruit	28 Breakfast French Toast Sticks Lunch Turkey Tetrazzini Broccoli w/ Cheese Dinner Roll Fruit
1 Breakfast Breakfast Pizza Lunch Breakfast Casserole Bacon, Sausage Toast Fruit	2 Breakfast Honey Bun & String Cheese Lunch Spaghetti w/ Meat Sauce Fresh Steamed Squash Cinnamon Roll Fruit	3 Breakfast Waffle Lunch Hamburger Steak Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	4 Breakfast Grits w/ Bacon Lunch Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	5 Breakfast Sausage Biscuit Lunch Soft Beef Tacos Mexican Rice Black Beans Cinco de Mayo Cookies
8 Breakfast Yogurt w/ Graham Crackers Lunch Chicken Wings Broccoli & Cheese Baked Potato Dinner Roll Fruit	9 Breakfast Cinnamon Roll Lunch Beef Nachos Refried Beans Chips & Cheese Dip Fruit	10 Breakfast Chicken Biscuit Lunch Baked Chicken Mashed Potatoes w/ Gravy Green Beans Dinner Roll Fruit	11 Breakfast Grits w/ Bacon Lunch General Tso's Chicken Fried Rice Cabbage 2 Dumplings Fruit	12 Breakfast Pancake w/ Sausage Lunch Chicken Alfredo Broccoli Dinner Roll Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
<u>Breakfast</u> Biscuit w/ Gravy <u>Lunch</u> Meatloaf Mashed Potatoes w/ Gravy Black Eyed Peas Steamed Cabbage Roll Fruit	<u>Breakfast</u> Chicken Biscuit <u>Lunch</u> Beef Nachos Pinto Beans Mexican Rice Fruit	<u>Breakfast</u> Blueberry Biscuit <u>Lunch</u> Chicken Alfredo Broccoli Garlic Knots Fruit	<u>Breakfast</u> Grits w/ Bacon <u>Lunch</u> Orange Chicken Fried Rice Carrots 2 Dumplings Fruit	<u>Breakfast</u> French Toast Sticks <u>Lunch</u> Turkey Tetrazzini Broccoli w/ Cheese Dinner Roll Fruit
22	23	24	25	26
<u>Breakfast</u> Chicken Biscuit <u>Lunch</u> Breakfast Casserole Bacon, Sausage Grits Toast Fruit	<u>Breakfast</u> Honey Bun & String Cheese <u>Lunch</u> Soft Beef Tacos Mexican Rice Black Beans Cool Rips Slushie	<u>Breakfast</u> Waffle <u>Lunch</u> Hamburger Steak Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	<u>Breakfast</u> Grits w/ Bacon <u>Lunch</u> Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	<u>Breakfast</u> Sausage Biscuit <u>Lunch</u> Spaghetti w/ Meat Sauce Fresh Steamed Squash Cinnamon Roll Fruit
29	30	31	1	2
No School	<u>Breakfast</u> Chef's Choice <u>Lunch</u> Chef's Choice	<u>Breakfast</u> Chef's Choice <u>Lunch</u> Chef's Choice	Early Dismissal <u>Breakfast</u> Chefs Choice <u>Lunch</u> Chefs Choice	Early Dismissal <u>Breakfast</u> Chefs Choice <u>Lunch</u> Chef's Choice