

April 11 – June 2, 2023

Greenwood School District 50 Greenwood High School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 No School	11 Breakfast Grits w/ Bacon Lunch Soft Chicken Tacos Mexican Rice Black Beans Cool Rips Slushie	12 Breakfast Waffle Lunch Hamburger Steak Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	13 Breakfast Grits w/ Sausage Lunch Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	14 Breakfast Breakfast Pizza Lunch Spaghetti w/ Meat Sauce Fresh Steamed Squash Cinnamon Roll Fruit
17 Breakfast Chicken Biscuit Lunch Chicken Wings Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll Fruit	18 Breakfast Grits w/ Bacon Lunch Beef Tacos Refried Beans Chips, Salsa & Cheese Dip Fruit	19 Breakfast Pancakes Lunch Chicken & Waffles Mashed Potatoes w/ Gravy Green Beans Fruit	20 Breakfast Grits w/ Sausage Lunch Sweet & Sour Chicken Fried Rice Cabbage 2 Dumplings Fruit	21 Breakfast Breakfast Pizza Lunch Chicken Alfredo Broccoli Dinner Roll Fruit
24 Breakfast Chicken Biscuit Lunch BBQ Chicken Mashed Potatoes w/ Gravy Black Eyed Peas Steamed Cabbage Roll Fruit	25 Breakfast Grits w/ Bacon Lunch Beef Tacos Pinto Beans Mexican Rice Fruit	26 Breakfast Blueberry Biscuit Lunch Lasagna Broccoli Garlic Knots Fruit	27 Breakfast Grits w/ Bacon Lunch Orange Chicken Fried Rice Carrots 2 Dumplings Fruit	28 Breakfast French Toast Sticks Lunch Chicken Parmesan Broccoli w/ Cheese Dinner Roll Fruit
1 Breakfast Biscuit Lunch Breakfast Casserole Bacon, Sausage Toast Fruit	2 Breakfast Honey Bun & String Cheese Lunch Spaghetti w/ Meat Sauce Fresh Steamed Squash Cinnamon Roll Fruit	3 Breakfast Waffle Lunch Hamburger Steak Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	4 Breakfast Grits w/ Bacon Lunch Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	5 Breakfast Sausage Biscuit Lunch Beef Tacos Mexican Rice Black Beans Cinco de Mayo Cookies
8 Breakfast Yogurt w/ Graham Crackers Lunch Baked Chicken Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll Fruit	9 Breakfast Cinnamon Roll Lunch Beef Tacos Refried Beans Chips, Salsa & Cheese Dip Fruit	10 Breakfast Chicken Biscuit Lunch Meatloaf Mashed Potatoes w/ Gravy Green Beans Dinner Roll Fruit	11 Breakfast Grits w/ Bacon Lunch Sweet & Sour Chicken Fried Rice Cabbage 2 Dumplings Fruit	12 Breakfast Pancake w/ Sausage Lunch Chicken Alfredo Broccoli Dinner Roll Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
<u>Breakfast</u> Breakfast Scramble <u>Lunch</u> BBQ Chicken Rice w/ Gravy Green Beans Corn Roll Fruit	<u>Breakfast</u> Grits w/ Bacon <u>Lunch</u> Brisket Tacos Pinto Beans Mexican Rice Fruit	<u>Breakfast</u> Blueberry Biscuit <u>Lunch</u> Lasagna Corn Broccoli Garlic Knots Fruit	<u>Breakfast</u> Grits w/ Sausage <u>Lunch</u> Orange Chicken Fried Rice Carrots 2 Dumplings Fruit	<u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Meatloaf Mashed Potatoes w/ Gravy Broccoli w/ Cheese Dinner Roll Fruit
22	23	24	25	26
<u>Breakfast</u> Biscuit <u>Lunch</u> Breakfast Casserole Bacon, Sausage Toast Fruit	<u>Breakfast</u> Honey Bun & String Cheese <u>Lunch</u> Beef Tacos Mexican Rice Black Beans Cool Rips Slushie	<u>Breakfast</u> Waffle <u>Lunch</u> Hamburger Steak Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	<u>Breakfast</u> Grits w/ Bacon <u>Lunch</u> Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	<u>Breakfast</u> Sausage Biscuit <u>Lunch</u> Spaghetti w/ Meat Sauce Fresh Steamed Squash Cinnamon Roll Fruit
29	30	31	1	2
No School	<u>Breakfast</u> Chef's Choice <u>Lunch</u> Chef's Choice	<u>Breakfast</u> Chef's Choice <u>Lunch</u> Chef's Choice	Early Dismissal <u>Breakfast</u> Chefs Choice <u>Lunch</u> Chefs Choice	Early Dismissal <u>Breakfast</u> Chefs Choice <u>Lunch</u> Chef's Choice