## April 11 - June 2, 2023

## Greenwood School District 50 Lakeview Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate,
     1oz Grain, Fruit, Vegetable
     and choice of 8oz milk
- Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10	11	12	13	14
	Breakfast Honey Bun & String Cheese	<u>Breakfast</u> Waffle	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Sausage Biscuit
No School	Lunch Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cool Rips Slushie	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Chicken Wings or Salad Bar or Yogurt Mashed Potatoes w/ Gravy Collard Greens Yeast Roll Fruit	Lunch Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Butternut Squash Cinnamon Roll Fruit
17	18	19	20	21
<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Cinnamon Roll	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> French Toast Sticks
<u>Lunch</u> Cheeseburger Salad Bar or Yogurt French Fries Baked Beans Fruit	<u>Lunch</u> Beef Tacos or Salad Bar or Yogurt Pinto Beans Chips, Salsa & Cheese Dip Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	<u>Lunch</u> Teriyaki Chicken or Salad Bar or Yogurt Fried Rice Carrots 2 Dumplings Fruit	<u>Lunch</u> BBQ Chicken or  Salad Bar or Yogurt  Sweet Potato Fries  Steamed Cabbage  Garlic Toast  Fruit
24	25	26	27	28
<u>Breakfast</u> Breakfast Scramble w/ Muffin	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Blueberry Biscuit	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Pancakes w/ Sausage
<u>Lunch</u> Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit	<u>Lunch</u> Beef Nachos or Salad Bar or Yogurt Refried Beans Fiesta Rice Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	<u>Lunch</u> Orange Chicken or Salad Bar or Yogurt LoMein Noodles Carrots 2 Dumplings Fruit	Lunch Cheeseburger or Salad Bar or Yogurt Lettuce/Tomato Fries Fruit
1	2	3	4	5
<u>Breakfast</u> Yogurt w/ Graham Crackers	<u>Breakfast</u> Honey Bun & String Cheese	<u>Breakfast</u> Waffle	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Breakfast Burrito
Lunch Grilled Chicken or Salad Bar or Yogurt Alfredo Pasta Broccoli Garlic Knot Fruit	Lunch Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Zucchini Cinnamon Roll Fruit	Lunch Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Teriyaki Beef Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit	Lunch Cheese Quesadilla & Beef Taco or Salad Bar or Yogurt Mexican Rice Black Beans Cinco de Mayo Cookies
Breakfast	Breakfast	Breakfast	Breakfast	
<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Cinnamon Roll	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> French Toast Sticks
<u>Lunch</u> Cheeseburger Salad Bar or Yogurt French Fries Baked Beans Fruit	<u>Lunch</u> Beef Tacos or Salad Bar or Yogurt Pinto Beans Chips, Salsa & Cheese Dip Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	<u>Lunch</u> Orange Chicken or Salad Bar or Yogurt Fried Rice Carrots 2 Dumplings Fruit	Lunch Chicken Nuggets or Salad Bar or Yogurt Macaroni & Cheese Steamed Cabbage Dinner Roll Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
<u>Breakfast</u> Breakfast Scramble w/ Muffin	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Blueberry Biscuit	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Pancakes w/ Sausage
Lunch Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit	Lunch Beef Nachos or Salad Bar or Yogurt Refried Beans Fiesta Rice Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Orange Chicken or Salad Bar or Yogurt LoMein Noodles Carrots 2 Dumplings Fruit	Lunch Cheeseburger or Salad Bar or Yogurt Lettuce/Tomato Fries Fruit
22	23	24	25	26
<u>Breakfast</u> Yogurt w/ Graham Crackers	<u>Breakfast</u> Honey Bun & String Cheese	<u>Breakfast</u> Waffle	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Sausage Biscuit
<u>Lunch</u> Grilled Chicken or Salad Bar or Yogurt Alfredo Pasta Broccoli Garlic Knot Fruit	<u>Lunch</u> Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cool Rips Slushie	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Teriyaki Beef Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit	Lunch Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Zucchini Cinnamon Roll Fruit
29	30	31	1 Early Dismissal	2 Early Dismissal
No School	<u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Chicken Sandwich Chips Fruit	<u>Breakfast</u> Chicken Biscuit <u>Lunch</u> Pizza Corn Fruit	<u>Breakfast</u> Breakfast Burrito <u>Lunch</u> Sandwich Chips Fruit	<u>Breakfast</u> Pancakes <u>Lunch</u> Sandwich Chips Fruit