

April 11 – June 2, 2023

Greenwood School District 50 Mathews Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 No School	11 Breakfast Honey Bun & String Cheese Lunch Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cool Rips Slushie	12 Breakfast Waffle Lunch Pizza or Salad Bar or Yogurt Corn Fruit	13 Breakfast Grits w/ Bacon Lunch Chicken Nuggets or Salad Bar or Yogurt Mashed Potatoes w/ Gravy Collard Greens Yeast Roll Fruit	14 Breakfast Sausage Biscuit Lunch Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Squash Cinnamon Roll Fruit
17 Breakfast Chicken Biscuit Lunch Cheeseburger Salad Bar or Yogurt French Fries Baked Beans Fruit	18 Breakfast Cinnamon Roll Lunch Beef Tacos or Salad Bar or Yogurt Pinto Beans Chips, Salsa & Cheese Dip Fruit	19 Breakfast Chicken Biscuit Lunch Pizza or Salad Bar or Yogurt Corn Fruit	20 Breakfast Grits w/ Bacon Lunch Orange Chicken or Salad Bar or Yogurt Fried Rice Carrots 2 Dumplings Fruit	21 Breakfast French Toast Sticks Lunch BBQ Chicken or Salad Bar or Yogurt Sweet Potato Fries Steamed Cabbage Garlic Toast Fruit
24 Breakfast Breakfast Scramble w/ Muffin Lunch Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit	25 Breakfast Chicken Biscuit Lunch Beef Nachos or Salad Bar or Yogurt Refried Beans Fiesta Rice Fruit	26 Breakfast Blueberry Biscuit Lunch Pizza or Salad Bar or Yogurt Corn Fruit	27 Breakfast Grits w/ Bacon Lunch Orange Chicken or Salad Bar or Yogurt LoMein Noodles Carrots 2 Dumplings Fruit	28 Breakfast Pancakes w/ Sausage Lunch Cheeseburger or Salad Bar or Yogurt Lettuce/Tomato Fries Fruit
1 Breakfast Yogurt w/ Graham Crackers Lunch Grilled Chicken or Salad Bar or Yogurt Alfredo Pasta Broccoli Garlic Knot Fruit	2 Breakfast Honey Bun & String Cheese Lunch Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Zucchini Cinnamon Roll Fruit	3 Breakfast Waffle Lunch Pizza or Salad Bar or Yogurt Corn Fruit	4 Breakfast Grits w/ Bacon Lunch Teriyaki Beef Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit	5 Breakfast Sausage Biscuit Lunch Beef Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cinco de Mayo Cookies
8 Breakfast Chicken Biscuit Lunch Cheeseburger Salad Bar or Yogurt French Fries Baked Beans Fruit	9 Breakfast Cinnamon Roll Lunch Beef Tacos or Salad Bar or Yogurt Pinto Beans Chips, Salsa & Cheese Dip Fruit	10 Breakfast Chicken Biscuit Lunch Pizza or Salad Bar or Yogurt Corn Fruit	11 Breakfast Grits w/ Bacon Lunch Bag Lunch Sandwich Chips Fruit	12 Breakfast French Toast Sticks Lunch Chicken Nuggets or Salad Bar or Yogurt Macaroni & Cheese Steamed Cabbage Dinner Roll Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
<p><u>Breakfast</u> Breakfast Scramble w/ Muffin</p> <p><u>Lunch</u> Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit</p>	<p><u>Breakfast</u> Chicken Biscuit</p> <p><u>Lunch</u> Bag Lunch Sandwich Chips Fruit</p>	<p><u>Breakfast</u> Blueberry Biscuit</p> <p><u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit</p>	<p><u>Breakfast</u> Grits w/ Bacon</p> <p><u>Lunch</u> Bag Lunch Sandwich Chips Fruit</p>	<p><u>Breakfast</u> Pancakes w/ Sausage</p> <p><u>Lunch</u> Cheeseburger or Salad Bar or Yogurt Lettuce/Tomato Fries Fruit</p>
22	23	24	25	26
<p><u>Breakfast</u> Yogurt w/ Graham Crackers</p> <p><u>Lunch</u> Grilled Chicken or Salad Bar or Yogurt Alfredo Pasta Broccoli Garlic Knot Fruit</p>	<p><u>Breakfast</u> Honey Bun & String Cheese</p> <p><u>Lunch</u> Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Fruit</p>	<p><u>Breakfast</u> Waffle</p> <p><u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit</p>	<p><u>Breakfast</u> Grits w/ Bacon</p> <p><u>Lunch</u> Teriyaki Beef Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit</p>	<p><u>Breakfast</u> Sausage Biscuit</p> <p><u>Lunch</u> Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Zucchini Cinnamon Roll Fruit</p>
29	30	31	1	2
No School	<p><u>Breakfast</u> Chef's Choice</p> <p><u>Lunch</u> Chef's Choice</p>	<p><u>Breakfast</u> Chef's Choice</p> <p><u>Lunch</u> Bag Lunch Sandwich Chips Fruit</p>	<p><u>Breakfast</u> Chefs Choice</p> <p><u>Lunch</u> Bag Lunch Sandwich Chips Fruit</p>	<p><u>Breakfast</u> Chefs Choice</p> <p><u>Lunch</u> Bag Lunch Sandwich Chips Fruit</p>