

# April 11 – June 2, 2023

## Greenwood School District 50 Merrywood Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 No School	11 <b>Breakfast</b> Honey Bun & String Cheese  <b>Lunch</b> Sliced Ham or Yogurt Macaroni & Cheese Green Beans Dinner Roll Fruit	12 <b>Breakfast</b> Waffle  <b>Lunch</b> Pizza or Salad Bar or Yogurt Corn Fruit	13 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Chicken Nuggets or Salad Bar or Yogurt Mashed Potatoes w/ Gravy Collard Greens Yeast Roll Fruit	14 <b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Squash Cinnamon Roll Fruit
17 <b>Breakfast</b> Cinnamon Roll  <b>Lunch</b> Cheeseburger Salad Bar or Yogurt French Fries Baked Beans Fruit	18 <b>Breakfast</b> Sunrise Stick  <b>Lunch</b> Beef Tacos or Salad Bar or Yogurt Pinto Beans Chips, Salsa & Cheese Dip Fruit	19 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Pizza or Salad Bar or Yogurt Corn Fruit	20 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Orange Chicken or Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit	21 <b>Breakfast</b> French Toast Sticks  <b>Lunch</b> Turkey Pot Pie or Salad Bar or Yogurt Butternut Squash Steamed Cabbage Biscuit Fruit
24 <b>Breakfast</b> Breakfast Scramble w/ Muffin  <b>Lunch</b> Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit	25 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Beef Nachos or Salad Bar or Yogurt Refried Beans Fiesta Rice Fruit	26 <b>Breakfast</b> Blueberry Biscuit  <b>Lunch</b> Pizza or Salad Bar or Yogurt Corn Fruit	27 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Country Style Steak or Salad Bar or Yogurt Mashed Potatoes w/ Gravy Green Beans Dinner Roll Fruit	28 <b>Breakfast</b> Pancakes w/ Sausage  <b>Lunch</b> Cheeseburger or Salad Bar or Yogurt Lettuce/Tomato Fries Fruit
1 <b>Breakfast</b> Yogurt w/ Graham Crackers  <b>Lunch</b> Grilled Chicken or Salad Bar or Yogurt Alfredo Pasta Broccoli Garlic Knot Fruit	2 <b>Breakfast</b> Honey Bun & String Cheese  <b>Lunch</b> Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Fruit	3 <b>Breakfast</b> Waffle  <b>Lunch</b> Pizza or Salad Bar or Yogurt Corn Fruit	4 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Teriyaki Beef Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit	5 <b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> Corn Dog or Yogurt Chips Cole Slaw Fresh Veggies w/ Dip Cinco de Mayo Cookies
8 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Cheeseburger Salad Bar or Yogurt French Fries Baked Beans Fruit	9 <b>Breakfast</b> Eggs w/ Sausage  <b>Lunch</b> Beef Tacos or Salad Bar or Yogurt Pinto Beans Chips, Salsa & Cheese Dip Fruit	10 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Pizza or Salad Bar or Yogurt Corn Fruit	11 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Orange Chicken or Salad Bar or Yogurt Fried Rice Carrots 2 Dumplings Fruit	12 <b>Breakfast</b> French Toast Sticks  <b>Lunch</b> Turkey Pot Pie or Salad Bar or Yogurt Butternut Squash Steamed Cabbage Biscuit Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
<p><b><u>Breakfast</u></b> Breakfast Scramble w/ Muffin</p> <p><b><u>Lunch</u></b> Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit</p>	<p><b><u>Breakfast</u></b> Chicken Biscuit</p> <p><b><u>Lunch</u></b> Bag Lunch Sandwich Chips Fruit</p>	<p><b><u>Breakfast</u></b> Waffle</p> <p><b><u>Lunch</u></b> Pizza or Salad Bar or Yogurt Corn Fruit</p>	<p><b><u>Breakfast</u></b> Grits w/ Bacon</p> <p><b><u>Lunch</u></b> Bag Lunch Sandwich Chips Fruit</p>	<p><b><u>Breakfast</u></b> Pancakes w/ Sausage</p> <p><b><u>Lunch</u></b> Cheeseburger or Salad Bar or Yogurt Lettuce/Tomato Fries Fruit</p>
22	23	24	25	26
<p><b><u>Breakfast</u></b> Yogurt w/ Graham Crackers</p> <p><b><u>Lunch</u></b> Grilled Chicken or Salad Bar or Yogurt Alfredo Pasta Broccoli Garlic Knot Fruit</p>	<p><b><u>Breakfast</u></b> Breakfast Pizza</p> <p><b><u>Lunch</u></b> Beef Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cool Rips Slushie</p>	<p><b><u>Breakfast</u></b> Honey Bun w/ Cheese Stick</p> <p><b><u>Lunch</u></b> Pizza or Salad Bar or Yogurt Corn Fruit</p>	<p><b><u>Breakfast</u></b> Grits w/ Bacon</p> <p><b><u>Lunch</u></b> Teriyaki Beef Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit</p>	<p><b>Field Day</b></p> <p><b><u>Breakfast</u></b> Sausage Biscuit</p> <p><b><u>Lunch</u></b> Bag Lunch Sandwich Chips Fruit</p>
29	30	31	1	2
No School	<p><b><u>Breakfast</u></b> Chef's Choice</p> <p><b><u>Lunch</u></b> Chef's Choice</p>	<p><b><u>Breakfast</u></b> Chef's Choice</p> <p><b><u>Lunch</u></b> Chef's Choice</p>	<p><b>Early Dismissal</b></p> <p><b><u>Breakfast</u></b> Chefs Choice</p> <p><b><u>Lunch</u></b> Chefs Choice</p>	<p><b>Early Dismissal</b></p> <p><b><u>Breakfast</u></b> Chefs Choice</p> <p><b><u>Lunch</u></b> Chef's Choice</p>