April 11 — June 2, 2023	1
Greenwood School District 50 Dr. Benjamin E Mays Elementary School Menu	
Each menu is subject to change without notice based on vendor deliveries and/or product availability "This institution is an equal	1
 ✓ USDA requires five components to be offered to all students at lunch: 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk ✓ Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>. Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch. 	2
SCHOOL LUNCH HERO DANA SCHOOL LUNCH	1
May 5,2023	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10	11	12	13	14
	<u>Breakfast</u> Honey Bun & String Cheese	<u>Breakfast</u> Waffle	<u>Breakfast</u> Grits w/ Bacon	Breakfast Sausage Biscuit
No School	<u>Lunch</u> Beef Taco or Yogurt Parfait Mexican Rice Black Beans Cool Rips Slushie	<u>Lunch</u> Pizza or Yogurt Parfait Corn Fruit	<u>Lunch</u> Chicken Nuggets or Salad Bar or Yogurt Mashed Potatoes w/ Gravy Green Beans Yeast Roll Fruit	Lunch Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Squash Cinnamon Roll Fruit
17	18 Testing Day	19 Testing Day	20 Testing Day	21
Breakfast Cinnamon Roll	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Sausage Biscuit	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> French Toast Sticks
<u>Lunch</u> Pizza Salad Bar or Yogurt Parfait Corn Veggies w/ Ranch Fruit	<u>Lunch</u> BBQ Sandwich Fritos Cole Slaw Fruit	Lunch Corn Dog French Fries Baked Beans Fruit	<u>Lunch</u> Turkey & Cheese Lunchable Chips Veggie w/ Ranch Fruit	<u>Lunch</u> Lemon Pepper Chicken or Yogurt Parfait Candied Yams Black Eye Peas Dinner Roll Fruit
24	25	26	27 1 st Grade Field Trip	28
<u>Breakfast</u> Breakfast Scramble w/ Muffin	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Egg Cheese & Toast	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Pancakes w/ Sausage
<u>Lunch</u> Orange Chicken or Yogurt Parfait Fried Rice Carrots 2 Dumplings Fruit	<u>Lunch</u> Hot Dog w/ Chili or Yogurt Parfait Tater Tots Cole Slaw Baked Beans Fruit	<u>Lunch</u> Pizza or Yogurt Parfait Corn Side Salad Fruit	<u>Lunch</u> Grilled Chicken Sandwich or Yogurt Parfait Chips Veggies w/ Ranch Fruit	<u>Lunch</u> Cheeseburger or Yogurt Parfait Lettuce / Tomato Fries Fruit
1	2	3	4	5
<u>Breakfast</u> Yogurt w/ Graham Crackers	<u>Breakfast</u> Honey Bun & String Cheese	<u>Breakfast</u> Waffle	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Sausage Biscuit
<u>Lunch</u> Beef Stroganoff or Yogurt Parfait Broccoli Side Salad Garlic Knot Fruit	<u>Lunch</u> Spaghetti w/ Meat Sauce or Yogurt Parfait Green Beans Side Salad Cinnamon Roll Fruit	<u>Lunch</u> Pizza or Yogurt Parfait Side Salad Corn Fruit	<u>Lunch</u> Teriyaki Beef or Yogurt Parfait Yellow Rice Carrots Cookie Fruit	<u>Lunch</u> Beef Nacho or Yogurt Parfait Mexican Rice Black Beans Lettuce , Tomato & Cheese Cinco de Mayo Cookies
8	9	10	11 Testing Day	12
<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Cinnamon Roll	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Grits w/ Bacon	Breakfast French Toast Sticks
<u>Lunch</u> Ham Cheese Sandwich or Yogurt Parfait Chips Baby Carrots w/ Ranch Fruit	<u>Lunch</u> Sloppy Joe or Yogurt Parfait Onion Rings Pasta Salad Fruit	<u>Lunch</u> Pizza or Yogurt Parfait Corn Side Salad Fruit	Lunch Deli Sandwich Cheese Crackers Veggie w/ Dip Fruit	Lunch Hot Dog w/ Chili or Yogurt Parfait Tater Tots Cole Slaw Baked Beans Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16 Testing Day	17 Make-up Testing	18 Testing Day	19
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Egg w/ Toast	Chicken Biscuit	Breakfast Scramble w/ Muffin	Grits w/ Bacon	Pancakes w/ Sausage
Lunch	Lunch	Lunch	Lunch	Lunch
Orange Chicken or Yogurt Parfait	Chicken Nuggets	Corn Dog	BBQ Sandwich	Pizza or Yogurt Parfait
LoMein Noodle	Chips	Fruit	Chips	Corn
Broccoli	Baby Carrots w/ Ranch	Animal Crackers	Fruit	Side Salad
Egg Roll	Fruit	Veggies w/ Ranch	Juice	Fruit
Fruit				
22	23 Testing Day	24	25	26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Yogurt w/ Graham Crackers	Chicken Biscuit	Waffle	Grits w/ Bacon	Sausage Biscuit
rogurt wy Granam Crackers	Chicken biscuit	wanie	Ghts wy Bacon	course sister
Lunch	Lunch	Lunch	Lunch	Lunch
Hamburger Helper	Chicken Sandwich	Spaghetti w/ Meat Sauce or	Teriyaki Beef or Yogurt	Pizza or Yogurt
Broccoli	Animal Crackers	Yogurt	Fried Rice	Corn
Garlic Knot	Fruit	Fresh Steamed Zucchini	Carrots	Side Salad
Fruit	Juice	Cinnamon Roll	Egg Roll	Fruit
Tuit	Juice	Fruit	Fruit	
29	30	31	1 Early Dismissal	2 Early Dismissal
	Breakfast	<u>Breakfast</u>	Breakfast	Breakfast
	Muffin w/ String Cheese	Donuts w/ String Cheese	Pop Tarts w/ String Cheese	Cereal w/ String Cheese
No School	Lunch	Lunch	Lunch	Lunch
	Corn Dog	BBQ Sandwich	Deli Sandwich	Deli Sandwich
	Chips	Chips	Chips	Chips
	Fruit	Fruit	Fruit	Fruit