April 11 - June 2, 2023

Greenwood School District 50 Woodfields Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate,
 1oz Grain, Fruit, Vegetable
 and choice of 8oz milk
- ✓ Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10	11	12	13	14
	<u>Breakfast</u> Honey Bun & String Cheese	<u>Breakfast</u> Waffle	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Sausage Biscuit
No School	Lunch Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cool Rips Slushie	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Chicken Nuggets or Salad Bar or Yogurt Mashed Potatoes w/ Gravy Collard Greens Yeast Roll Fruit	Lunch Chicken Alfredo or Salad Bar or Yogurt Green Beans Garlic Bread Fruit
17	18	19	20	21
<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Cinnamon Roll	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> French Toast Sticks
<u>Lunch</u> Cheeseburger Salad Bar or Yogurt French Fries Baked Beans Fruit	<u>Lunch</u> Beef Tacos or Salad Bar or Yogurt Pinto Beans Chips, Salsa & Cheese Dip Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	<u>Lunch</u> Orange Chicken or Salad Bar or Yogurt Fried Rice Carrots 2 Dumplings Fruit	<u>Lunch</u> BBQ Chicken or Salad Bar or Yogurt Sweet Potato Fries Steamed Cabbage Garlic Toast Fruit
24	25	26	27	28
<u>Breakfast</u> Breakfast Scramble w/ Muffin	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Blueberry Biscuit	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Pancakes w/ Sausage
<u>Lunch</u> Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit	<u>Lunch</u> Beef Nachos or Salad Bar or Yogurt Refried Beans Fiesta Rice Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	<u>Lunch</u> Orange Chicken or Salad Bar or Yogurt LoMein Noodles Carrots 2 Dumplings Fruit	<u>Lunch</u> Cheeseburger or Salad Bar or Yogurt Lettuce/Tomato Fries Fruit
1	2	3	4	5
<u>Breakfast</u> Yogurt w/ Graham Crackers	<u>Breakfast</u> Honey Bun & String Cheese	<u>Breakfast</u> Waffle	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Sausage Biscuit
Lunch Grilled Chicken or Salad Bar or Yogurt Alfredo Pasta Broccoli Garlic Knot Fruit	Lunch Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Zucchini Cinnamon Roll Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Teriyaki Beef Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit	Lunch Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cinco de Mayo Cookies
8	9	10	11	12
<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Cinnamon Roll	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> French Toast Sticks
Lunch Cheeseburger Salad Bar or Yogurt French Fries Baked Beans Fruit	Lunch Beef Tacos or Salad Bar or Yogurt Pinto Beans Chips, Salsa & Cheese Dip Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Orange Chicken or Salad Bar or Yogurt Fried Rice Carrots 2 Dumplings Fruit	Lunch BBQ Chicken or Salad Bar or Yogurt Sweet Potato Fries Steamed Cabbage Garlic Toast Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
Breakfast Breakfast Scramble w/ Muffin	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Blueberry Biscuit	<u>Breakfast</u> Grits w/ Bacon	Breakfast Pancakes w/ Sausage
<u>Lunch</u> Chicken Sandwich or Salad Bar or Yogurt Lettuce/Tomato Chips Fruit	<u>Lunch</u> Beef Nachos or Salad Bar or Yogurt Refried Beans Fiesta Rice Fruit	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Orange Chicken or Salad Bar or Yogurt LoMein Noodles Carrots 2 Dumplings Fruit	<u>Lunch</u> Cheeseburger or Salad Bar or Yogurt Lettuce/Tomato Fries Fruit
22	23	24	25	26
<u>Breakfast</u> Yogurt w/ Graham Crackers	<u>Breakfast</u> Honey Bun & String Cheese	<u>Breakfast</u> Waffle	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Sausage Biscuit
<u>Lunch</u> Grilled Chicken or Salad Bar or Yogurt Alfredo Pasta Broccoli Garlic Knot Fruit	Lunch Soft Chicken Tacos or Salad Bar or Yogurt Mexican Rice Black Beans Cool Rips Slushie	<u>Lunch</u> Pizza or Salad Bar or Yogurt Corn Fruit	Lunch Teriyaki Beef Salad Bar or Yogurt Fried Rice Carrots Egg Roll Fruit	<u>Lunch</u> Spaghetti w/ Meat Sauce or Salad Bar or Yogurt Fresh Steamed Zucchini Cinnamon Roll Fruit
29	30	31	1 Early Dismissal	2 Early Dismissal
No School	<u>Breakfast</u> Chef's Choice <u>Lunch</u> Chef's Choice	<u>Breakfast</u> Chef's Choice <u>Lunch</u> Chef's Choice	<u>Breakfast</u> Chefs Choice <u>Lunch</u> Chefs Choice	<u>Breakfast</u> Chefs Choice <u>Lunch</u> Chef's Choice