

# April 11 – June 2, 2023

## Greenwood School District 50 Westview Middle School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 No School	11 <b>Breakfast</b> Honey Bun & String Cheese  <b>Lunch</b> Soft Chicken Tacos Mexican Rice Black Beans Cool Rips Slushie	12 <b>Breakfast</b> Waffle  <b>Lunch</b> Hamburger Steak Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	13 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	14 <b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> Spaghetti w/ Meat Sauce Fresh Steamed Squash Cinnamon Roll Fruit
17 <b>Breakfast</b> Yogurt w/ Graham Crackers  <b>Lunch</b> Chicken Wings Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll Fruit	18 <b>Breakfast</b> Cinnamon Roll  <b>Lunch</b> Beef Tacos Corn Chips, Salsa & Cheese Dip Fruit	19 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Chicken & Waffles Mashed Potatoes w/ Gravy Green Beans Fruit	20 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> General Tso's Chicken Fried Rice Cabbage 2 Dumplings Fruit	21 <b>Breakfast</b> Pancake w/ Sausage  <b>Lunch</b> Chicken Alfredo Green Beans Dinner Roll Fruit
24 <b>Breakfast</b> Breakfast Scramble  <b>Lunch</b> BBQ Chicken Mashed Potatoes w/ Gravy Green Beans Steamed Cabbage Roll Fruit	25 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Brisket Tacos Pinto Beans Mexican Rice Fruit	26 <b>Breakfast</b> Blueberry Biscuit  <b>Lunch</b> Chicken Alfredo Broccoli Garlic Knots Fruit	27 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Orange Chicken Fried Rice Carrots 2 Dumplings Fruit	28 <b>Breakfast</b> French Toast Sticks  <b>Lunch</b> Turkey Tetrazzini Broccoli w/ Cheese Dinner Roll Fruit
1 <b>Breakfast</b> Biscuit  <b>Lunch</b> Breakfast Casserole Bacon, Sausage Toast Fruit	2 <b>Breakfast</b> Honey Bun & String Cheese  <b>Lunch</b> Spaghetti w/ Meat Sauce Fresh Steamed Squash Cinnamon Roll Fruit	3 <b>Breakfast</b> Waffle  <b>Lunch</b> Hamburger Steak Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	4 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	5 <b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> Beef Tacos Mexican Rice Corn Cinco de Mayo Cookies
8 <b>Breakfast</b> Yogurt w/ Graham Crackers  <b>Lunch</b> Chicken Wings Broccoli & Cheese Ranch Roasted Potatoes Dinner Roll Fruit	9 <b>Breakfast</b> Cinnamon Roll  <b>Lunch</b> Beef Tacos Refried Beans Chips, Salsa & Cheese Dip Fruit	10 <b>Breakfast</b> Chicken Biscuit  <b>Lunch</b> Chicken & Waffles Mashed Potatoes w/ Gravy Green Beans Fruit	11 <b>Breakfast</b> Grits w/ Bacon  <b>Lunch</b> General Tso's Chicken Fried Rice Cabbage 2 Dumplings Fruit	12 <b>Breakfast</b> Pancake w/ Sausage  <b>Lunch</b> Chicken Alfredo Broccoli Dinner Roll Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
<u>Breakfast</u> Breakfast Scramble  <u>Lunch</u> BBQ Chicken Mashed Potatoes w/ Gravy Black Eyed Peas Steamed Cabbage Roll Fruit	<u>Breakfast</u> Chicken Biscuit  <u>Lunch</u> Brisket Tacos Pinto Beans Mexican Rice Fruit	<u>Breakfast</u> Blueberry Biscuit  <u>Lunch</u> Chicken Alfredo Broccoli Garlic Knots Fruit	<u>Breakfast</u> Grits w/ Bacon  <u>Lunch</u> Orange Chicken Fried Rice Carrots 2 Dumplings Fruit	<u>Breakfast</u> French Toast Sticks  <u>Lunch</u> Turkey Tetrazzini Broccoli w/ Cheese Dinner Roll Fruit
22	23	24	25	26
<u>Breakfast</u> Biscuit  <u>Lunch</u> Breakfast Casserole Bacon, Sausage Toast Fruit	<u>Breakfast</u> Honey Bun & String Cheese  <u>Lunch</u> Soft Chicken Tacos Mexican Rice Corn Cool Rips Slushie	<u>Breakfast</u> Waffle  <u>Lunch</u> Hamburger Steak Mashed Potatoes w/ Gravy Collard Greens Dinner Roll Fruit	<u>Breakfast</u> Grits w/ Bacon  <u>Lunch</u> Orange Chicken Lo Mein Noodles Carrots Egg Roll Fruit	<u>Breakfast</u> Sausage Biscuit  <u>Lunch</u> Spaghetti w/ Meat Sauce Green Beans Cinnamon Roll Fruit
29	30	31	1	2
No School	<u>Breakfast</u> Chef's Choice  <u>Lunch</u> Chef's Choice	<u>Breakfast</u> Chef's Choice  <u>Lunch</u> Chef's Choice	<b>Early Dismissal</b> <u>Breakfast</u> Chefs Choice  <u>Lunch</u> Chefs Choice	<b>Early Dismissal</b> <u>Breakfast</u> Chefs Choice  <u>Lunch</u> Chef's Choice