



Greenwood School District 50

Early Childhood Center Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requirements:
 - Breakfast - 2oz serving of Grains, Fruit or Vegetable, and 8oz Milk
 - Lunch – 1.5oz protein, 1oz grain, ¼ cup fruit, ¼ cup vegetable, 8oz milk
- ✓ Fresh fruit, 100% fruit juice, and 1% milk are offered at every meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <u>Breakfast</u> Doughnut Holes <u>Lunch</u> Hot Dog w/ Chili French Fries Corn Fruit	3 <u>Breakfast</u> Cereal <u>Lunch</u> Scrambled Eggs Bacon Pancake w/ Syrup Orange Juice Fruit	4 <u>Breakfast</u> Strawberry Pancakes <u>Lunch</u> Soft Beef Taco Chips w/ Salsa Refried Beans Cool Rips Fruit Slushy	5 <u>Breakfast</u> Grits w/ Bacon <u>Lunch</u> Pizza Salad Fruit	6 <u>Breakfast</u> French Toast Sticks <u>Lunch</u> Grilled Cheese Chicken Noodle Soup Salad Fruit
9 <u>Breakfast</u> Chicken Biscuit <u>Lunch</u> BBQ Slider Carrot Sticks w/ Ranch Chips Fruit	10 <u>Breakfast</u> Grits w/ Sausage <u>Lunch</u> Orange Chicken LoMein Noodles Steamed Vegetables Fruit	11 <u>Breakfast</u> Pancake Pup <u>Lunch</u> Pizza Salad Fruit	12 <u>Breakfast</u> Cereal w/ String Cheese <u>Lunch</u> Steak Nuggets Mashed Potatoes w/ Gravy Broccoli w/ Cheese Cool Rips Fruit Slushy	13 <u>Breakfast</u> Sausage Biscuit <u>Lunch</u> Chicken Nuggets Macaroni & Cheese Green Beans Yeast Roll Fruit
16 <u>Breakfast</u> Cinnamon Roll <u>Lunch</u> Cheeseburger French Fries Corn Fruit	17 <u>Breakfast</u> Yogurt w/ Graham Crackers <u>Lunch</u> Spaghetti Steamed Squash Garlic Bread Fruit	18 District 50 Holiday Meal <u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Sliced Ham Macaroni & Cheese Green Beans Yeast Roll Baked Apples	19 <u>Breakfast</u> Grits w/ Bacon <u>Lunch</u> Pizza Salad Fruit	20 Early Dismissal <u>Breakfast</u> Cereal <u>Lunch</u> Sandwich Chips Cookie Fruit
23 No School Dec. 23 – Jan. 6 Students return on Jan. 7	24	25 	26	27
30	31	1 	2	3 DID YOU KNOW? All enrolled students in GWD50 receive one breakfast and one lunch each day at no cost! Please come and join us each day for a delicious meal! Thank you and we look forward to seeing you!

BREAKFAST CHANGES LIVES

HOW?

KIDS WHO EAT SCHOOL BREAKFAST...

MISS LESS SCHOOL



They attend an average of 1.5 more days per year

DO BETTER IN MATH:



They average 17.5% higher math test scores

MORE ATTENDANCE +

HIGHER MATH SCORES =

20% more likely to graduate high school



AND KIDS WHO EAT BREAKFAST REAP THE BENEFITS AS ADULTS, TOO:



High school graduates on average earn

\$10,000 more annually



Less likely to experience

HUNGER as adults



BUT HERE'S THE PROBLEM

NOT ENOUGH KIDS ARE EATING SCHOOL BREAKFAST.

21 MILLION

U.S. kids get free or reduced-price school lunch

Only 1/2 of those kids get breakfast, even though they're eligible

Too many kids are showing up to school hungry. And hungry kids can't learn.

BREAKFAST CAN CHANGE THEIR LIVES

No Kid Hungry starts with breakfast