

February

Greenwood School District 50 Middle & High School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
Breakfast Muffin & Cheese Stick	Breakfast Chicken Biscuit	Breakfast Waffle	Breakfast Grits w/ Bacon	Breakfast Breakfast Pizza
Lunch Meatloaf Mashed Potatoes w/ Gravy SC Grown Cabbage Yeast Roll Fruit	Lunch Beef Nachos Salsa, Lettuce, Tomatoes Black Beans Southwestern Corn Fruit	Lunch Sliced Ham Macaroni & Cheese Green Peas Yeast Roll Cool Rips Slushy	NEW Lunch Teriyaki Beef Fried Rice Broccoli Egg Roll Fruit	Lunch Loaded Baked Potato Cheese, Sour Cream Bacon, Chili Side Salad Fruit
7	8	9	10	11
Breakfast Honeybun	Breakfast Sausage Biscuit	Breakfast Pancake Pup	Breakfast Grits w/ Bacon	
Lunch Fried Chicken Macaroni & Cheese Green Beans Yeast Roll Fruit	Lunch Crunchy Beef Tacos Mexican Rice Pinto Beans Fruit	Lunch Chicken & Rice SC Grown Butternut Squash Lima Beans Garlic Toast Fruit	Lunch General TSO's Chicken Fried Rice Carrots Egg Roll Fruit	
14 Happy Valentine's Day	15	16	17	18
Breakfast Cinnamon Roll	Breakfast Yogurt w/ Graham Crackers	Breakfast Chicken Biscuit	Breakfast Grits w/ Bacon	Breakfast Pancakes
NEW Lunch Chicken Parmesan <i>*Recipe created by Career Center*</i> Pasta w/ Marinara Side Salad w/ Ranch Garlic Bread Be Mine Valentine Sorbet	Lunch Beef Burrito Southwestern Corn Chips & Salsa Fruit	Lunch Spaghetti Side Salad Garlic Bread Fruit	Lunch Orange Chicken Fried Rice Carrots Egg Roll Fruit	Lunch BBQ Pork Baked Beans Breaded Okra SC Grown Cole Slaw Texas Toast Cool Rips Slushy
21 President's Day	2/22/22	23	24	25
Breakfast Muffin & Cheese Stick	Breakfast 2 Pieces of French Toast	Breakfast Waffle	Breakfast Grits w/ Bacon	Breakfast Breakfast Pizza
Lunch Meatloaf Mashed Potatoes w/ Gravy SC Grown Cabbage Yeast Roll Fruit Presidential Cookies	Lunch 2 Pancakes 2 Sausage Links 2 Hash Browns 2 Eggs Fruit	Lunch Sliced Ham Macaroni & Cheese Green Peas Yeast Roll Cool Rips Slushy	Lunch Boneless Buffalo Wings Twice Baked Potato Celery & Carrots w/ Ranch Garlic Bread Fruit	Lunch Loaded Baked Potato Cheese, Sour Cream Bacon, Chili Side Salad Fruit
28	1	2	3	4
Breakfast Honeybun	Breakfast Sausage Biscuit	Breakfast Pancake Pup	Breakfast Grits w/ Bacon	Breakfast Yogurt & String Cheese
Lunch Fried Chicken Macaroni & Cheese Green Beans Yeast Roll Fruit	Lunch Crunchy Beef Tacos Mexican Rice Pinto Beans Fruit	Lunch Chicken & Rice SC Grown Butternut Squash Lima Beans Garlic Toast Fruit	Lunch General TSO's Chicken Fried Rice Carrots Egg Roll Fruit	Lunch Tomato Soup Grilled Cheese Side Salad Chips Fruit

