

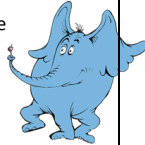

# MARCH

## Greenwood School District 50 Elementary School Menu

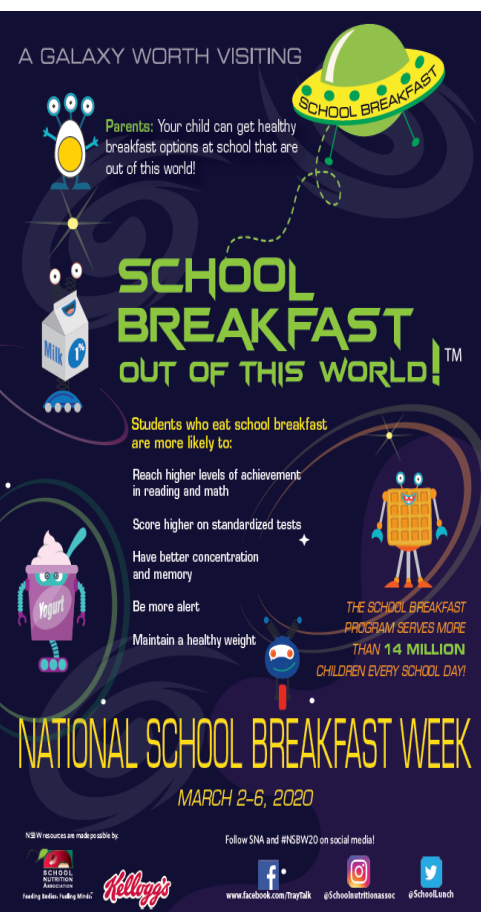
Each menu is subject to change without notice based on vendor deliveries and/or product availability

**“This institution is an equal opportunity provider.”**

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|--|---|---|--|
| <p><b>2</b></p> <p><b>Breakfast</b><br/>Muffin &amp; Yogurt</p> <p><b>Lunch</b><br/>ABC Chicken Nuggets or Turkey &amp; Cheese Lunchable<br/>Macaroni &amp; Cheese<br/>Green Beans<br/>Dinner Roll<br/>Fruit</p>  | <p><b>3</b></p> <p><b>Breakfast</b><br/>Grits w/ Sausage</p> <p><b>Lunch</b><br/>Orange Chicken or Ham &amp; Cheese on Brioche<br/>Fried Rice<br/>Carrots<br/>Egg Roll<br/>Cool Rips Fruit Slushy</p>  | <p><b>4</b></p> <p><b>Breakfast</b><br/>Green Eggs &amp; Ham</p> <p><b>Lunch</b><br/>Pizza or Yogurt Plate<br/>Corn Salad<br/>Fruit</p>  | <p><b>5</b></p> <p><b>Breakfast</b><br/>Grits w/ Bacon</p> <p><b>Lunch</b><br/>Crunchy Beef Taco or Grilled Cheese<br/>Chips, Salsa &amp; Cheese Dip<br/>Mexican Rice<br/>Pinto Beans<br/>Fruit</p> | <p><b>6</b></p> <p><b>Breakfast</b><br/>Sausage Biscuit</p> <p><b>Lunch</b><br/>BBQ Pork Slider or Grilled Chicken Sandwich<br/>Fresh Carrots w/ Dip<br/>Cole Slaw<br/>Curly Fries<br/>Fruit</p>                   |
| <p><b>9</b></p> <p><b>Breakfast</b><br/>Glazed Doughnut</p> <p><b>Lunch</b><br/>Hot Dog w/ Chili or Turkey &amp; Cheese Lunchable<br/>Potato Chips<br/>Corn<br/>Fresh Veggie w/ Dip</p>  | <p><b>10</b></p> <p><b>Breakfast</b><br/>Grits w/ Sausage</p> <p><b>Lunch</b><br/>Taco Soup w/ Tortilla Chips or Ham &amp; Cheese on Brioche<br/>Salad Bar<br/>Fruit</p>   | <p><b>11</b></p> <p><b>Breakfast</b><br/>Strawberry Pancakes</p> <p><b>Lunch</b><br/>Cheesy Chicken Pasta or Yogurt Plate<br/>Broccoli<br/>Dinner Roll<br/>Cool Rips Fruit Slushy</p>                                       | <p><b>12</b></p> <p><b>Breakfast</b><br/>Grits w/ Bacon</p> <p><b>Lunch</b><br/>Pizza or Grilled Cheese<br/>Salad Bar<br/>Sweet Potato Fries<br/>Fruit</p>  | <p><b>13</b></p> <p><b>Breakfast</b><br/>French Toast Sticks</p> <p><b>Lunch</b><br/>Baked Chicken or Grilled Chicken Sandwich<br/>Lima Beans<br/>Rice &amp; Gravy<br/>Cornbread</p>                               |
| <p><b>16</b></p> <p><b>Breakfast</b><br/>Chicken Biscuit</p> <p><b>Lunch</b><br/>Chicken Sandwich or Turkey &amp; Cheese Lunchable<br/>Tater Tots<br/>Fresh Veggie w/ Dip</p>  | <p><b>17 Happy St. Patrick's Day</b></p> <p><b>Breakfast</b><br/>Grits w/ Sausage</p> <p><b>Lunch</b><br/>Orange Chicken or Ham &amp; Cheese on Brioche<br/>LoMein Noodles<br/>Steamed Vegetables<br/>Egg Roll</p>  | <p><b>18</b></p> <p><b>Breakfast</b><br/>Pancake Pup</p> <p><b>Lunch</b><br/>Pizza or Yogurt Plate<br/>Salad Bar<br/>Corn<br/>Fruit</p>   | <p><b>19</b></p> <p><b>Breakfast</b><br/>Grits w/ Bacon</p> <p><b>Lunch</b><br/>Cheesy Beef Nachos or Grilled Cheese<br/>Refried Beans<br/>Mexican Rice<br/>Salad Bar</p>                           | <p><b>20</b></p> <p><b>Breakfast</b><br/>Sausage Biscuit</p> <p><b>Lunch</b><br/>Steak Nuggets w/ Roll or Grilled Chicken Sandwich<br/>Mashed Potatoes w/ Gravy<br/>Black Eyed Peas<br/>Cool Rips Fruit Slushy</p> |
| <p><b>23</b></p> <p><b>Breakfast</b><br/>Cinnamon Roll</p> <p><b>Lunch</b><br/>Cheeseburger or Turkey &amp; Cheese Lunchable<br/>French Fries<br/>Cucumbers w/ Dip</p>   | <p><b>24</b></p> <p><b>Breakfast</b><br/>Grits w/ Sausage</p> <p><b>Lunch</b><br/>Baked Spaghetti or Ham &amp; Cheese on Brioche<br/>Salad Bar<br/>Cinnamon Roll<br/>Fruit</p>   | <p><b>25 Early Release Day</b></p> <p><b>Breakfast</b><br/>Breakfast Pizza</p> <p><b>Lunch</b><br/>Sandwich<br/>Chips<br/>Fruit</p>   | <p><b>26</b></p> <p><b>Breakfast</b><br/>Grits w/ Bacon</p> <p><b>Lunch</b><br/>Pizza or Grilled Cheese<br/>Salad Bar<br/>Sweet Potato Fries<br/>Cool Rips Fruit Slushy</p>                         | <p><b>27</b></p> <p><b>Breakfast</b><br/>Chicken Biscuit</p> <p><b>Lunch</b><br/>Vegetable Soup &amp; Grilled Cheese Or Grilled Chicken Sandwich<br/>Fruit Salad<br/>Potato Chips</p>                              |
| <p><b>30</b></p> <p><b>Breakfast</b><br/>Muffin &amp; Yogurt</p> <p><b>Lunch</b><br/>BBQ Chicken or Turkey &amp; Cheese Lunchable<br/>Breaded Okra<br/>Baked Beans<br/>Texas Toast<br/>Fruit</p>   | <p><b>31</b></p> <p><b>Breakfast</b><br/>Grits w/ Sausage</p> <p><b>Lunch</b><br/>Orange Chicken or Ham &amp; Cheese on Brioche<br/>Fried Rice<br/>Carrots<br/>Egg Roll<br/>Cool Rips Fruit Slushy</p>   | <p><b>1</b></p> <p><b>Breakfast</b><br/>Scrambled Eggs &amp; Breakfast Potatoes</p> <p><b>Lunch</b><br/>Pizza or Yogurt Plate<br/>Salad Bar<br/>Corn<br/>Fruit</p>  | <p><b>2</b></p> <p><b>Breakfast</b><br/>Grits w/ Bacon</p> <p><b>Lunch</b><br/>Crunchy Beef Taco or Grilled Cheese<br/>Chips, Salsa &amp; Cheese Dip<br/>Mexican Rice<br/>Pinto Beans<br/>Fruit</p> | <p><b>3</b></p> <p><b>Breakfast</b><br/>Sausage Biscuit</p> <p><b>Lunch</b><br/>BBQ Pork Slider or Grilled Chicken Sandwich<br/>Fresh Carrots w/ Dip<br/>Cole Slaw<br/>Curly Fries<br/>Fruit</p>                   |

A GALAXY WORTH VISITING



**SCHOOL BREAKFAST OUT OF THIS WORLD!™**


Parents: Your child can get healthy breakfast options at school that are out of this world!

Students who eat school breakfast are more likely to:

- Reach higher levels of achievement in reading and math
- Score higher on standardized tests
- Have better concentration and memory
- Be more alert
- Maintain a healthy weight.

THE SCHOOL BREAKFAST PROGRAM SERVES MORE THAN 14 MILLION CHILDREN EVERY SCHOOL DAY!

**NATIONAL SCHOOL BREAKFAST WEEK**  
MARCH 2-6, 2020

NSBW resources are made possible by  Follow SNA and #NSBW20 on social media!

www.facebook.com/TryTalk @SchoolsEatThisAssoc @SchoolsEat