



## Greenwood School District 50 Early Childhood Center Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

**“This institution is an equal opportunity provider.”**

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.

**Bringing Your Lunch From Home?**

Did you know that your student can take a **Fresh Vegetable, Fruit and a Milk** everyday to go along with his or her own cold lunch?

That's right - let us provide the nutritious side items and a choice of milk—all ready to grab & go in a convenient 12 Spot Grab Bag... **Every Day At No Cost To You!**

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|--|---|--|---|
|  |  |   | 1  | 2   |
|  |  |   |  |   |
| 4  | 5  | 6   | 7  | 8   |
| <p><b>Breakfast</b><br/>Chicken Biscuit</p> <p><b>Lunch</b><br/>Corn Dog<br/>French Fries<br/>Corn<br/>Fruit</p>                       | <p><b>Breakfast</b><br/>Honey Bun</p> <p><b>Lunch</b><br/>Beef Vegetable Soup<br/>Cornbread<br/>Fruit</p>                      | <p><b>Breakfast</b><br/>Pancakes</p> <p><b>Lunch</b><br/>Spaghetti w/ Meat Sauce<br/>Tossed Salad<br/>Texas Toast<br/>Fruit</p> | <p><b>Breakfast</b><br/>Sausage Biscuit</p> <p><b>Lunch</b><br/>BBQ Slider<br/>Chips<br/>Fresh Veggie w/ Dip<br/>Cool Rips Slushy</p>                          | <p><b>Breakfast</b><br/>Pop Tart w/ String Cheese</p> <p><b>Lunch</b><br/>Hamburger Casserole<br/>Broccoli<br/>Fruit</p>      |
| 11   | 12   | 13  | 14   | 15  |
| <p><b>Breakfast</b><br/>Cinnamon Roll</p> <p><b>Lunch</b><br/>Chicken Slider<br/>French Fries<br/>Baked Beans<br/>Cool Rips Slushy</p> | <p><b>Breakfast</b><br/>Yogurt w/ Graham Crackers</p> <p><b>Lunch</b><br/>Chicken Noodle Soup<br/>Grilled Cheese<br/>Fruit</p> | <p><b>Breakfast</b><br/>Blueberry Muffin</p> <p><b>Lunch</b><br/>Pizza<br/>Carrots w/ Ranch<br/>Fruit</p>                       | <p><b>Early Release Day</b></p> <p><b>Breakfast</b><br/>Honey Bun</p> <p><b>Lunch</b><br/>Ham &amp; Cheese Sandwich<br/>Chips<br/>Veggies w/ Dip<br/>Fruit</p> | <b>No Students</b>  |
| 18   | 19   | 20  | 21   | 22  |
| <b>Schools Closed</b>  | <p><b>Breakfast</b><br/>Muffin</p> <p><b>Lunch</b><br/>Steak Slider<br/>French Fries<br/>Side Salad<br/>Fruit</p>              | <p><b>Breakfast</b><br/>Breakfast Sandwich</p> <p><b>Lunch</b><br/>Pizza<br/>Corn<br/>Fruit</p>                                 | <p><b>Breakfast</b><br/>Yogurt w/ Graham Crackers</p> <p><b>Lunch</b><br/>Chicken Nuggets<br/>Mashed Potatoes w/ Gravy<br/>Green Beans<br/>Fruit</p>           | <p><b>Breakfast</b><br/>Sausage Biscuit</p> <p><b>Lunch</b><br/>Cheesy Chicken Pasta<br/>Green Peas<br/>Carrots<br/>Fruit</p> |
| 25   | 26   | 27  | 28   | 29  |
| <p><b>Breakfast</b><br/>Chicken Biscuit</p> <p><b>Lunch</b><br/>Corn Dog<br/>French Fries<br/>Corn<br/>Fruit</p>                       | <p><b>Breakfast</b><br/>Honey Bun</p> <p><b>Lunch</b><br/>Beef Vegetable Soup<br/>Cornbread<br/>Fruit</p>                      | <p><b>Breakfast</b><br/>Pancakes</p> <p><b>Lunch</b><br/>Pizza<br/>Tossed Salad<br/>Fruit</p>                                   | <p><b>Breakfast</b><br/>Sausage Biscuit</p> <p><b>Lunch</b><br/>BBQ Slider<br/>Chips<br/>Fresh Veggie w/ Dip<br/>Cool Rips Slushy</p>                          | <p><b>Breakfast</b><br/>Pop Tart w/ String Cheese</p> <p><b>Lunch</b><br/>Scrambled Eggs<br/>Grits<br/>Bacon<br/>Fruit</p>    |