

January

Greenwood School District 50 Emerald High School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



Bringing Your Lunch From Home?

Did you know that your student can take a **Fresh Vegetable, Fruit and a Milk** everyday to go along with his or her own cold lunch?

That's right - let us provide the nutritious side items and a choice of milk—all ready to grab & go in a convenient 12 Spot Grab Bag... **Every Day At No Cost To You!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
				
4	5	6	7	8
<p>Breakfast Chicken Biscuit</p> <p>Lunch BBQ Pork Sandwich Baked Beans Corn on the Cob Fruit</p>	<p>Breakfast Honey Bun</p> <p>Lunch Orange Chicken LoMein Noodles Vegetable Blend Egg Roll Fruit</p>	<p>Breakfast Breakfast Sandwich</p> <p>Lunch Cheese Bites w/ Marinara Parmesan Noodles Broccoli Cool Rips Slushy</p>	<p>Breakfast Pancakes</p> <p>Lunch Beef Nachos Mexican Rice Refried Beans Fruit</p>	<p>Breakfast Sausage Biscuit</p> <p>Lunch Spaghetti w/ Meat Sauce Corn Garlic Bread Fruit</p>
11	12	13	14	15
<p>Breakfast Cinnamon Roll</p> <p>Lunch Loaded Baked Potato Broccoli & Cheese Chili Sour Cream, Bacon Bits Yeast Roll Fruit</p>	<p>Breakfast Yogurt w/ Graham Crackers</p> <p>Lunch Teriyaki Blasters Fried Rice Vegetable Blend Egg Roll Fruit</p>	<p>Breakfast Chicken Biscuit</p> <p>Lunch Chicken Noodle Soup Side Salad w/ Ranch Bread Stick Fruit</p>	<p>Early Release Day</p> <p>Breakfast Grits w/ Bacon</p> <p>Lunch Managers Choice</p>	No Students
18	19	20	21	22
Schools Closed	<p>Breakfast Breakfast Pizza</p> <p>Lunch General Tso's Chicken Fried Rice Carrots Egg Roll Fruit</p>	<p>Breakfast Blueberry Bread</p> <p>Lunch BBQ Chicken Baked Beans Breaded Okra Corn Roll Fruit</p>	<p>Breakfast Honey Bun</p> <p>Lunch Soft Beef Taco Chips & Salsa Mexican Rice Fruit</p>	<p>Breakfast Sausage Biscuit</p> <p>Lunch Vegetable Beef Soup Cornbread Side Salad Fruit</p>
25	26	27	28	29
<p>Breakfast Chicken Biscuit</p> <p>Lunch BBQ Pork Sandwich Baked Beans Corn on the Cob Fruit</p>	<p>Breakfast Honey Bun</p> <p>Lunch Orange Chicken LoMein Noodles Vegetable Blend Egg Roll Fruit</p>	<p>Breakfast Breakfast Sandwich</p> <p>Lunch Hamburger Steak Mashed Potatoes w/ Gravy Green Beans Dinner Roll Cool Rips Slushy</p>	<p>Breakfast Pancakes</p> <p>Lunch Crunchy Beef Tacos Mexican Rice Refried Beans Fruit</p>	<p>Breakfast Sausage Biscuit</p> <p>Lunch Spaghetti w/ Meat Sauce Corn Garlic Bread Fruit</p>