

## Greenwood School District 50 Elementary School Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

## "This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
  - 2oz Meat/Meat Alternate,
     1oz Grain, Fruit, Vegetable
     and choice of 8oz milk
- ✓ Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.



Did you know that your student can take a Fresh Vegetable, Fruit and a Milk everyday to go along with his or her own cold lunch?

That's right - let us provide the nutritious side items and a choice of milk—all ready to grab & go in a convenient 12 Spot Grab Bag...

Every Day At No Cost To You!



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
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3	4	5	6	7	8
	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Honey Bun	<u>Breakfast</u> Pancake Pup	<u>Breakfast</u> Grits w/ Bacon	<u>Breakfast</u> Dutch Waffle
on	<u>Lunch</u> BBQ Sandwich or Turkey & Cheese Lunchable French Fries Baked Beans Fruit	<u>Lunch</u> Orange Chicken or Turkey & Cheese Sub LoMein Noodles Vegetable Blend Egg Roll Fruit	Lunch Chicken Tenders or Yogurt Plate Mashed Potatoes w/ Gravy Green Beans Yeast Roll Cool Rips Slushy	<u>Lunch</u> Crunchy Beef Tacos or Grilled Cheese Mexican Rice Refried Beans Fruit	<u>Lunch</u> Pizza or Grilled Chicken Salad Corn Fruit Cookie
ed	11	12	13	14 Early Release Day	15
	<u>Breakfast</u> Pancakes	<u>Breakfast</u> Yogurt w/ Graham Crackers	<u>Breakfast</u> Chicken Biscuit	<u>Breakfast</u> Grits w/ Bacon	No Students
of	Lunch Cheeseburger or Turkey & Cheese Lunchable French Fries Carrots and Celery w/ Ranch Fruit	Lunch Spaghetti w/ Meat Sauce or Hot Ham & Cheese Corn Cinnamon Roll Fruit	<u>Lunch</u> Chicken Noodle Soup or Yogurt Plate Side Salad w/ Ranch Cheesy Bread Fruit	<u>Lunch</u> Managers Choice	
9	18 Schools Closed	19	20	21	22
0	dreams do come true	Breakfast Breakfast Pizza  Lunch Orange Chicken or Turkey & Cheese Sub Fried Rice Carrots Egg Roll Fruit	Breakfast Muffin  Lunch Crispy Chicken Sandwich or Yogurt Plate French Fries Cucumber & Tomato Salad Fruit	Breakfast Grits w/ Bacon  Lunch Soft Beef Taco or Grilled Cheese Chips & Salsa Mexican Rice Fruit	Breakfast Sausage Biscuit  Lunch Vegetable Beef Soup or Grilled Chicken Salad Side Salad w/ Ranch Cornbread Fruit
	25	26	27	28	29
	Breakfast Chicken Biscuit  Lunch Chicken Wings or Turkey & Cheese Lunchable	Breakfast Honey Bun  Lunch Spaghetti w/ Meatballs or Hot Ham & Cheese	Breakfast Pancake Pup  Lunch Chicken Tenders or Yogurt Plate	Breakfast Grits w/ Bacon  Lunch Crunchy Beef Tacos or Grilled Cheese	<u>Breakfast</u> Dutch Waffle <u>Lunch</u> Pizza or Grilled Chicken Salad
三三	French Fries Carrots and Celery w/ Ranch Fruit	Side Salad w/ Ranch Garlic Bread Fruit	Mashed Potatoes w/ Gravy Green Beans Yeast Roll Cool Rips Slushy	Mexican Rice Refried Beans Fruit	Corn Fruit Cookie