

## Greenwood School District 50

 Elementary School MenuEach menu is subject to change without notice based on vendor deliveries and/or product availability

## "This institution is an equal opportunity provider."

$\checkmark \quad$ USDA requires five components to be offered to all students at lunch:

- $20 z$ Meat/Meat Alternate, $10 z$ Grain, Fruit, Vegetable and choice of $80 z$ milk
$\checkmark$ Students must choose at least three items, one of which must be a fruit or vegetable.
$\checkmark \quad$ Fresh fruit, $100 \%$ fruit juice, and a variety of milk are offered at every lunch.


Did you know that your student can take a
Fresh Vegetable, Fruit and a Milk everyday to go along with his or her own cold lunch?

That's right - let us provide the nutritious side items and a choice of milk-all ready to grab \& go in a convenient 12 Spot Grab Bag... Every Day At No Cost To You!


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 | 2 |
|  |  |  |  |  |
| 4 | 5 | 6 | 7 | 8 |
| Breakfast Chicken Biscuit Lunch BBQ Sandwich or Turkey \& Cheese Lunchable French Fries Baked Beans Fruit | Breakfast <br> Honey Bun <br> Lunch <br> Orange Chicken or Turkey \& Cheese Sub LoMein Noodles Vegetable Blend Egg Roll Fruit | Breakfast Pancake Pup Lunch Chicken Tenders or Yogurt Plate Mashed Potatoes w/ Gravy Green Beans Yeast Roll Cool Rips Slushy | Breakfast <br> Grits w/ Bacon <br> Lunch <br> Crunchy Beef Tacos or Grilled Cheese <br> Mexican Rice <br> Refried Beans Fruit | Breakfast Dutch Waffle Lunch Pizza or Grilled Chicken Salad Corn Fruit Cookie |
| 11 | 12 | 13 | 14 Early Release Day | 15 |
| $\frac{\text { Breakfast }}{\text { Pancakes }}$ Lunch Cheeseburger or Turkey \& Cheese Lunchable French Fries Carrots and Celery w/ Ranch Fruit | Breakfast <br> Yogurt w/ Graham Crackers <br> Lunch <br> Spaghetti w/ Meat Sauce or Hot Ham \& Cheese Corn Cinnamon Roll Fruit | Breakfast <br> Chicken Biscuit <br> Lunch <br> Chicken Noodle Soup or Yogurt Plate Side Salad w/ Ranch Cheesy Bread Fruit | Breakfast <br> Grits w/ Bacon <br> Lunch <br> Managers Choice | No Students |
| 18 Schools Closed | 19 | 20 | 21 | 22 |
|  | Breakfast <br> Breakfast Pizza <br> Lunch <br> Orange Chicken or Turkey \& Cheese Sub Fried Rice Carrots Egg Roll Fruit | $\frac{\text { Breakfast }}{\text { Muffin }}$ Lunch Crispy Chicken Sandwich or Yogurt Plate French Fries Cucumber \& Tomato Salad Fruit | Breakfast <br> Grits w/ Bacon <br> Lunch <br> Soft Beef Taco or Grilled Cheese Chips \& Salsa Mexican Rice Fruit | Breakfast <br> Sausage Biscuit <br> Lunch <br> Vegetable Beef Soup or Grilled Chicken Salad Side Salad w/ Ranch Cornbread Fruit |
| 25 | 26 | 27 | 28 | 29 |
| Breakfast <br> Chicken Biscuit <br> Lunch <br> Chicken Wings or Turkey \& Cheese Lunchable French Fries Carrots and Celery w/ Ranch Fruit | Breakfast <br> Honey Bun <br> Lunch <br> Spaghetti w/ Meatballs or Hot Ham \& Cheese Side Salad w/ Ranch Garlic Bread Fruit | Breakfast <br> Pancake Pup <br> Lunch <br> Chicken Tenders or Yogurt Plate <br> Mashed Potatoes w/ Gravy <br> Green Beans Yeast Roll Cool Rips Slushy | Breakfast <br> Grits w/ Bacon <br> Lunch <br> Crunchy Beef Tacos or Grilled Cheese Mexican Rice Refried Beans Fruit | Breakfast Dutch Waffle Lunch Pizza or Grilled Chicken Salad Corn Fruit Cookie |

