



**Greenwood School District 50
Merrywood Elementary School Menu**

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate, 1oz Grain, Fruit, Vegetable and choice of 8oz milk
- ✓ Students must choose at least **three** items, one of which must be a **fruit** or **vegetable**.
- ✓ Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.

Bringing Your Lunch From Home?

Did you know that your student can take a **Fresh Vegetable, Fruit and a Milk** everyday to go along with his or her own cold lunch?

That's right - let us provide the nutritious side items and a choice of milk—all ready to grab & go in a convenient 12 Spot Grab Bag... **Every Day At No Cost To You!**

 A circular inset image showing a 12 Spot Grab Bag filled with various fresh produce items like carrots, celery, and apples.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
4	5	6	7	8
<p>Breakfast Chicken Biscuit</p> <p>Lunch BBQ Sandwich or Turkey & Cheese Lunchable French Fries Baked Beans Fruit</p>	<p>Breakfast Honey Bun</p> <p>Lunch Orange Chicken or Turkey & Cheese Sub LoMein Noodles Vegetable Blend Egg Roll Fruit</p>	<p>Breakfast Blueberry Bread</p> <p>Lunch Chicken Tenders or Yogurt Plate Mashed Potatoes w/ Gravy Green Beans Yeast Roll Cool Rips Slushy</p>	<p>Breakfast Grits w/ Bacon</p> <p>Lunch Crunchy Beef Tacos or Grilled Cheese Mexican Rice Refried Beans Fruit</p>	<p>Breakfast Pancakes</p> <p>Lunch Pizza or Grilled Chicken Salad Corn Fruit Cookie</p>
11	12	13	14 Early Release Day	15
<p>Breakfast Breakfast Pizza</p> <p>Lunch Cheeseburger or Turkey & Cheese Lunchable French Fries Carrots and Celery w/ Ranch Fruit</p>	<p>Breakfast Yogurt w/ Graham Crackers</p> <p>Lunch Spaghetti w/ Meat Sauce or Hot Ham & Cheese Corn Cinnamon Roll Fruit</p>	<p>Breakfast Chicken Biscuit</p> <p>Lunch Chicken Noodle Soup or Yogurt Plate Side Salad w/ Ranch Cheesy Bread Fruit</p>	<p>Breakfast Grits w/ Bacon</p> <p>Lunch BBQ Pork w/ Roll Chips Carrot Sticks Fruit</p>	No Students
18 Schools Closed	19	20	21	22
	<p>Breakfast Pancakes</p> <p>Lunch Orange Chicken or Turkey & Cheese Sub Fried Rice Carrots Egg Roll Fruit</p>	<p>Breakfast Muffin</p> <p>Lunch Crispy Chicken Sandwich or Yogurt Plate French Fries Cucumber & Tomato Salad Fruit</p>	<p>Breakfast Grits w/ Bacon</p> <p>Lunch Soft Beef Taco or Grilled Cheese Chips & Salsa Mexican Rice Fruit</p>	<p>Breakfast Sausage Biscuit</p> <p>Lunch Vegetable Beef Soup or Grilled Chicken Salad Side Salad w/ Ranch Cornbread Fruit</p>
25	26	27	28	29
<p>Breakfast Chicken Biscuit</p> <p>Lunch Chicken Wings or Turkey & Cheese Lunchable French Fries Carrots and Celery w/ Ranch Fruit</p>	<p>Breakfast Honey Bun</p> <p>Lunch Spaghetti w/ Meatballs or Hot Ham & Cheese Side Salad w/ Ranch Garlic Bread Fruit</p>	<p>Breakfast Banana Bread</p> <p>Lunch Chicken Tenders or Yogurt Plate Mashed Potatoes w/ Gravy Green Beans Yeast Roll Cool Rips Slushy</p>	<p>Breakfast Grits w/ Bacon</p> <p>Lunch Crunchy Beef Tacos or Grilled Cheese Mexican Rice Refried Beans Fruit</p>	<p>Breakfast Pancakes</p> <p>Lunch Pizza or Grilled Chicken Salad Corn Fruit Cookie</p>