


Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Breakfast</b> 1 Dutch Waffle or Grits w/ Sausage Link  <b>Lunch</b> Orange Chicken Fried Rice Carrots Egg Roll Fruit	<b>Breakfast</b> 2 Breakfast Pizza or Cereal w/ Cereal Bar  <b>Lunch</b> Oven Roasted Chicken Collard Greens Macaroni & Cheese Yeast Roll Fruit	<b>Breakfast</b> 3 Doughnut Holes or Grits w/ Bacon  <b>Lunch</b> BBQ Pork Fried Okra Baked Beans Yeast Roll Fruit	<b>Breakfast</b> 4 Sausage Biscuit or Assorted Cereal w/ Yogurt  <b>Lunch</b> Chicken & Noodle Casserole Fresh Broccoli w/ Dip Sweet Potato Waffle Fries Dinner Roll Cool Rips Fruit Slush
<b>Breakfast</b> 7 Pork Chop Biscuit or Cereal w/ String Cheese  <b>Lunch</b> BBQ Pork Sandwich Cole Slaw Baked Beans Fresh Carrots w/ Dip Fruit	<b>Breakfast</b> 8 Cinnamon Roll or Grits w/ Sausage Link  <b>Lunch</b> Teriyaki Chicken LoMein Noodles Oriental Vegetables Egg Roll Fruit	<b>Breakfast</b> 9 Eggs, Bacon, Hash Browns or Cereal w/ Cereal Bar  <b>Lunch</b> Country Style Steak Mashed Potatoes w/ Gravy Turnip Greens Yeast Roll Fruit	<b>Breakfast</b> 10 Pancake Pup or Grits w/ Bacon  <b>Lunch</b> Build Your Own Nachos Mexican Rice Black Beans Cool Rips Fruit Slush	<b>Breakfast</b> 11 Grilled Cheese or Assorted Cereal w/ Yogurt  <b>Lunch</b> Cheese Stuffed Shells Garlic Bread Oven Roasted Vegetables Crispy Ranch Potatoes Fruit
<b>Breakfast</b> 14 Chicken & Tots or Cereal w/ String Cheese  <b>Lunch</b> Oven Fried Chicken Macaroni & Cheese Green Beans Yeast Roll Cool Rips Fruit Slush	<b>Breakfast</b> 15 Doughnut Holes & Fruit or Grits w/ Sausage Link  <b>Lunch</b> Orange Chicken Fried Rice Oriental Vegetables Egg Roll Fruit	<b>Breakfast</b> 16 Eggs, Sausage, Toast or Cereal w/ Cereal Bar  <b>Lunch</b> BBQ Chicken Mashed Potatoes w/ Gravy Cabbage Fruit	<b>Breakfast</b> 17 Maple Bread Stick or Grits w/ Bacon  <b>Lunch</b> Spaghetti Corn Zucchini Garlic Bread Fruit	<b>Breakfast</b> 18 Assorted Muffin w/ Fruit or Assorted Cereal w/ Yogurt  <b>Lunch</b> Fried Catfish Cole Slaw Cheese Grits Hushpuppies Fruit
<b>Breakfast</b> 21 Chicken Biscuit or Cereal w/ String Cheese  <b>Lunch</b> Hamburger Steak Mashed Potatoes w/ Gravy Green Peas Spaghetti Squash Yeast Roll Cool Rips Fruit Slush	<b>Breakfast</b> 22 Dutch Waffle or Grits w/ Sausage Link  <b>Lunch</b> Teriyaki Beef Fried Rice Carrots Egg Roll Fruit	<b>Breakfast</b> 23 Breakfast Pizza or Cereal w/ Cereal Bar  <b>Lunch</b> BBQ Pork w/ Roll Breaded Okra Baked Beans Collard Greens Cool Rips Fruit Slush	<b>Breakfast</b> 24 Doughnut Holes or Grits w/ Bacon  <b>Lunch</b> 2 Crunchy Beef Tacos Chips w/ Salsa Mexican Rice Pinto Beans Fruit	<b>Breakfast</b> 25 Sausage Biscuit or Assorted Cereal w/ Yogurt  <b>Lunch</b> Buffalo Chicken Wings Carrots & Celery w/ Ranch Cheese Bread Fruit
28	<b>Early Release Day</b> 29 <b>Breakfast</b> Honey Bun w/ String Cheese or Cereal w/ Cereal Bar  <b>Lunch</b> Sandwich Chips Fruit	<b>Early Release Day</b> 30 <b>Breakfast</b> Muffin w/ String Cheese or Cereal w/ Cereal Bar  <b>Lunch</b> Sandwich Chips Fruit	 <p>Have an awesome Summer!</p>	
<b>“USDA and this institution are equal opportunity providers and employers.”</b>				



SC - Indicates locally grown



Greenwood School District 50  
Child Nutrition Services

# May 2018

## Middle & High School

### Breakfast & Lunch Menu

**Breakfast Options:** • Assorted Milk • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

**Breakfast includes choice of:**  
Entrée, fruit & milk.  
Students **must** select a fruit/juice.

**Lunch includes a choice of:**  
Entrée with grain/bread, 1-2 vegetables, fruit & milk.  
Students **must** select a fruit and/or vegetable.

**Milk Choices:** • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.\*