



Greenwood School District 50

Early Childhood Center Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

“This institution is an equal opportunity provider.”

- ✓ USDA requirements:
 - Breakfast - 2oz serving of Grains, Fruit or Vegetable, and 8oz Milk
 - Lunch – 1.5oz protein, 1oz grain, ¼ cup fruit, ¼ cup vegetable, 8oz milk
- ✓ Fresh fruit, 100% fruit juice, and 1% milk are offered at every meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Breakfast Muffin w/ Yogurt Lunch Chicken Slider French Fries Cucumbers w/ Ranch Fruit	29 Breakfast Grits w/ Bacon Lunch Teriyaki Chicken Fried Rice Carrots Cool Rips Fruit Slushy	30 Breakfast Scrambled Eggs w/ Potatoes Lunch Pizza Salad Corn Fruit	31 Happy Halloween Breakfast Pop Tart w/ String Cheese Lunch Bat Shaped Chicken Nuggets Macaroni & Cheese Green Beans Yeast Roll Fruit	1 Breakfast Sausage Biscuit Lunch Cheesy Chicken Pasta Green Peas Carrots Yeast Roll Fruit
4 Breakfast Doughnut Holes Lunch Hot Dog w/ Chili French Fries Corn Fruit	5 Breakfast Cereal Lunch Scrambled Eggs Bacon Pancake w/ Syrup Orange Juice Fruit	6 Breakfast Strawberry Pancakes Lunch Soft Beef Taco Chips w/ Salsa Refried Beans Cool Rips Fruit Slushy	7 Breakfast Grits w/ Bacon Lunch Pizza Salad Fruit	8 Breakfast French Toast Sticks Lunch Grilled Cheese Chicken Noodle Soup Salad Fruit
11 Breakfast Chicken Biscuit Lunch BBQ Slider Carrot Sticks w/ Ranch Chips Fruit	12 Breakfast Grits w/ Sausage Lunch Orange Chicken LoMein Noodles Steamed Vegetables Fruit	13 Early Release Day Breakfast Pancake Pup Lunch Deli Sandwich Chips Fruit	14 Breakfast Cereal w/ String Cheese Lunch Steak Nuggets Mashed Potatoes w/ Gravy Broccoli w/ Cheese Cool Rips Fruit Slushy	15 Breakfast Sausage Biscuit Lunch Chicken Nuggets Macaroni & Cheese Green Beans Yeast Roll Fruit
18 Breakfast Cinnamon Roll Lunch Cheeseburger French Fries Corn Fruit	19 Breakfast Yogurt w/ Graham Crackers Lunch Cheese Ravioli Steamed Squash Garlic Bread Fruit	20 Breakfast Breakfast Pizza Lunch Turkey Dressing Sweet Potatoes Green Beans Yeast Roll Fruit	21 Breakfast Grits w/ Bacon Lunch Pizza Salad Fruit	22 Breakfast Cereal Lunch BBQ Chicken Baked Beans Cabbage Roll Cool Rips Fruit Slushy
25 Breakfast Muffin w/ Yogurt Lunch Chicken Slider French Fries Cucumbers w/ Ranch Fruit	26 Breakfast Grits w/ Bacon Lunch Teriyaki Chicken Fried Rice Carrots Cool Rips Fruit Slushy	27 No School	28 HAPPY THANKSGIVING 	29 DID YOU KNOW? All enrolled students in GWD50 receive one breakfast and one lunch each day at no cost! Please come and join us each day for a delicious meal! Thank you and we look forward to seeing you!

BREAKFAST CHANGES LIVES

HOW?

KIDS WHO EAT SCHOOL BREAKFAST...

MISS LESS SCHOOL



They attend an average of 1.5 more days per year

DO BETTER IN MATH:



They score 17.5% higher math test scores

MORE ATTENDANCE + HIGHER MATH SCORES =

20% more likely to graduate high school



AND KIDS WHO EAT BREAKFAST REAP THE BENEFITS AS ADULTS, TOO:



High school graduates on average earn

\$10,000 more annually



Less likely to experience

HUNGER as adults



BUT HERE'S THE PROBLEM

NOT ENOUGH KIDS ARE EATING SCHOOL BREAKFAST.

21 MILLION

U.S. kids get free or reduced-price school lunch



Only 1/2 of those kids get breakfast, even though they're eligible



Too many kids are showing up to school hungry. And hungry kids can't learn.

BREAKFAST CAN CHANGE THEIR LIVES

No Kid Hungry starts with breakfast

Learn how you can help at NoKidHungry.org/Breakfast

