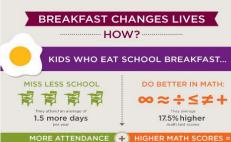


Brewer Middle School Lunch Menu

Each menu is subject to change without notice based on vendor deliveries and/or product availability

"This institution is an equal opportunity provider."

- ✓ USDA requires five components to be offered to all students at lunch:
 - 2oz Meat/Meat Alternate,
 1oz Grain, Fruit, Vegetable
 and choice of 8oz milk
- Students must choose at least <u>three</u> items, one of which must be a <u>fruit</u> or <u>vegetable</u>.
- Fresh fruit, 100% fruit juice, and a variety of milk are offered at every lunch.











BUT HERE'S THE PROBLEM

NOT ENOUGH KIDS ARE EATING SCHOOL BREAKFAST.



BREAKFAST CAN CHANGE THEIR LIVES

No Kid Hungry starts with breakfast







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	28	29	30	31 Happy Halloween	1
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast Breakfast
	Muffin w/ Yogurt	Grits w/ Sausage	Eggs, Bacon & Breakfast Potatoes	Grits w/ Bacon	Sausage Biscuit
	Widilii W/ Toguit	Gills W/ Sausage	Eggs, bacon & breaklast rotatoes	GITES WY BACOIT	Sausage biscuit
	Lunch	Lunch	Lunch	Lunch	Lunch
	Hamburger Steak w/ onions	Orange Chicken	Buffalo Wings	Cheese Ravioli w/ Marinara	BBQ Chicken
	Mashed Potatoes w/ Gravy	LoMein Noodles	Celery & Carrots w/ Dip	Fresh Zucchini	Baked Beans
	Broccoli & Cheese	Steamed Vegetables	French Fries	Garlic Bread	Corn
	Yeast Roll	_	Yeast Roll	Cool Rips Fruit Slushy	Breaded Okra
	Fruit	Egg Roll Fruit	Fruit		Yeast Roll
sed	Fruit	Fruit	Fruit		Fruit
		-		-	
	4	5	6	7	8 Product
	<u>Breakfast</u>	Breakfast	Breakfast Charachean Bassalas	Breakfast	Breakfast
	Doughnut Holes	Grits w/ Sausage	Strawberry Pancakes	Grits w/ Bacon	French Toast Sticks
be					
	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
	Grilled Cheese	General Tso's Chicken	Chicken & Dumplings	Stir Fry Pork	Hawaiian Chicken
	Vegetable Soup	Fried Rice	Butternut Squash	Steamed Rice Cabbage	Rice Pilaf Green Beans
	Fresh Veggies w/ Dip	Carrots	Sautéed Greens	Egg Roll	Yeast Roll
ms,	Fruit	Egg Roll	Yeast Roll	Fruit	Fruit
ole.		Fruit	Fruit		
iety	11	12	13 Early Release Day	14	15
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Chicken Biscuit	Grits w/ Sausage	Pancake Pups	Grits w/ Bacon	Sausage Biscuit
		, ,	•	·	Ü
	Lunch	Lunch	Lunch	Lunch	Lunch
	Country Style Steak	BBQ Chicken	Steak & Cheese Sub	Loaded Potato Bar	Cheese Ravioli w/ Marinara
	Mashed Potatoes w/ Gravy	Corn	Chips	Broccoli & Cheese	Side Salad
	Turnip Greens	Baked Beans	Fruit	Bread Stick	Garlic Toast
	Yeast Roll	Breaded Okra		Fruit	Cool Rips Fruit Slushy
	Fruit	Dinner Roll			
8		Fruit			
	18	19	20 District 50 Family Thanksgiving	21	22
=	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
	Muffin w/ Yogurt	Grits w/ Sausage	Breakfast Pizza	Grits w/ Bacon	Biscuits w/ Gravy
T					
	Lunch	<u>Lunch</u>	<u>Lunch</u>	Lunch	<u>Lunch</u>
	Oven Fried Chicken	Teriyaki Wings	Turkey w/ Gravy	Meatloaf	Build Your Own Nachos
	Hash Brown Casserole	Fried Rice	Dressing	Garlic Mashed Potatoes Peas & Carrots	Mexican Rice Black Beans
	Broccoli Salad	Carrots	Sweet Potato Casserole	Yeast Roll	Fruit
	Yeast Roll	Egg Roll	Green Beans	Fruit	Truit
	Fruit	Fruit	Yeast Roll	Trait	
			Fruit		
	25	26	27	28	29
	<u>Breakfast</u>	<u>Breakfast</u>		155.00 1.00 0.00 0.00 0.00 0.00 0.00 0.0	_
	Muffin w/ Yogurt	Grits w/ Sausage		ILADDU	DID YOU KNOW?
				HABLET	All enrolled students in
	<u>Lunch</u>	<u>Lunch</u>			GWD50 receive one breakfast
е	Hamburger Steak w/ onions	BBQ Chicken	No School		and one lunch each day at no
	Mashed Potatoes w/ Gravy	Corn			cost! Please come and join us
	Broccoli & Cheese	Baked Beans Breaded Okra			each day for a delicious meal!
	Yeast Roll	Dinner Roll		A STATE OF THE STA	Thank you and we look
7	Fruit	Fruit		THANKSGIVING	forward to seeing you!
N					