| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
| Breakfast Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch BBQ Chicken Mashed Potatoes w/ Gravy Black Eyed Peas Squash             | Preakfast Yogurt Parfait or Grits w/ Bacon Lunch Chicken Filet Sandwich Fruit Chips   | Breakfast Breakfast Pizza or Assorted Cereal w/ Cereal Bar Lunch Turkey, Bacon, Cheese Sandwich Fruit Chips                | Breakfast 4 Cinnamon Roll or Grits w/ Sausage Lunch BBQ Pork Sandwich Fruit Chips   | Breakfast 5 Steak Biscuit or Assorted Cereal w/ Cereal Bar Lunch Buffalo Chicken w/ Roll Fresh Veggies w/ Ranch French Fries Cookie       |
| Breakfast 8 Dutch Waffle or Assorted Cereal w/ Cereal Bar Lunch BBQ Pork Sandwich SC Cole Slaw Breaded Okra Baked Beans                  | Breakfast 9 Chocolate Chip Muffin or Grits w/ Bacon Lunch Cheeseburger Fruit Chips  | Breakfast 10 French Toast or Assorted Cereal w/ Cereal Bar Lunch Chicken Filet Sandwich Fruit Chips                        | Breakfast 11  Biscuit w/ Gravy or  Grits w/ Sausage  Lunch  Meatloaf w/ Roll  Mashed Potatoes w/ Gravy  Broccoli w/ Cheese  Black Eyed Peas | Breakfast 12 Doughnuts or Assorted Cereal w/ Cereal Bar Lunch Chicken Noodle Soup Grilled Cheese Candied Yams Corn                        |
| Breakfast Chicken Biscuit or Assorted Cereal w/ Cereal Bar Lunch Country Style Steak w/ Roll Mashed Potatoes w/ Gravy Green Beans Squash | Breakfast Dutch Waffle Grits w/ Bacon Lunch General Tso's Chicken Teriyaki Chicken LoMein Noodles Egg Roll Seasoned Cabbage | Breakfast Pancakes or Assorted Cereal w/ Cereal Bar Lunch Sliced Turkey w/ Roll Rice & Gravy Broccoli w/ Cheese Corn       | Breakfast Steak Biscuit or Grits w/ Sausage Lunch Loaded Nachos Beef, Salsa, Cheese Pinto Beans Lettuce, Tomato, Sour Cream                 | Breakfast Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Chicken Alfredo over Noodles Fresh Veggies w/ Dip Broccoli Garlic Bread  |
| Pancake Pup or Assorted Cereal w/ Cereal Bar Lunch Beef Ravioli Roasted Vegetables Corn Garlic Bread                                     | Breakfast Cinnamon Roll or Grits w/ Bacon Lunch Orange Chicken Teriyaki Chicken LoMein Noodles Egg Roll                     | Breakfast Breakfast Pizza or Assorted Cereal w/ Cereal Bar Lunch BBQ Pork w/ Roll Breaded Okra Baked Beans Steamed Cabbage | Breakfast Dutch Waffle or Grits w/ Sausage Lunch Beef Crunchy Taco Refried Beans Mexican Rice Chips , Cheese Dip & Salsa                    | Breakfast Chicken Biscuit or Assorted Cereal w/ Cereal Bar Lunch Buffalo Chicken w/ Roll Fresh Veggies w/ Ranch French Fries Baked Apples |
| Happy Memorial Day   | Breakfast French Toast or Assorted Cereal w/ Cereal Bar Lunch Early Release Day Deli Sandwich                               | Breakfast Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Early Release Day BBQ Sandwich                            | Enjoy your summer break!  | "USDA and this institution are equal opportunity providers and  |

Chips

Cookie

Chips

Fruit

Brownie

## May 2017

## Brewer Middle School Breakfast & Lunch Menu

Breakfast Options: • Assorted Milk
• 100% Fruit Juice • Canned Fruits/Fresh
Fruits • Variety of Cereals

## Breakfast includes choice of:

Entrée, fruit & milk.

Students must select a fruit/juice.

## Lunch includes a choice of:

Entrée with grain/bread, vegetables, fruit & milk.

Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.\*



SC - Indicates locally grown

Vegetable of the month—Spaghetti Squash



providers and

employers."

Greenwood School District 50
Child Nutrition Services