

September 2016

Middle & High School Menu

BREAKFAST



"USDA and this institution are equal opportunity providers and employers."



Served Daily: Assorted Fresh and Chilled Fruit, Assorted Juice, Skim, 1%, Chocolate and Strawberry Milk



Monday

Tuesday

Wednesday

Thursday

Friday



5
Labor Day

6
Breakfast Pizza
or
Assorted Cereal & Cereal Bar

7
Cinnamon Roll
or
Grits w/ Bacon

8
Steak Biscuit
or
Assorted Cereal & Yogurt

9
Dutch Waffle
or
Assorted Cereal & String Cheese

12
Breakfast Burrito
or
Grits w/ Sausage

13
French Toast
or
Assorted Cereal & Yogurt

14
Fresh Fruit & Yogurt Parfait
or
Grits w/ Bacon

15
Chicken Biscuit
or
Assorted Cereal & Hash Browns

16
Breakfast Pizza
or
Assorted Cereal & Yogurt

19
Honey Bun
or
Grits w/ Sausage

20
Pancake w/ Bacon
or
Assorted Cereal & String Cheese

21
Sausage Biscuit
or
Assorted Cereal & String Cheese

22
Fresh Fruit Yogurt Parfait
or
Grits w/ Sausage

23
Breakfast Pizza
or
Assorted Cereal & Cereal Bar

26
Cinnamon Roll
or
Grits w/ Bacon

27
Steak Biscuit
or
Assorted Cereal & Yogurt

28
Dutch Waffle
or
Assorted Cereal & String Cheese

29
Breakfast Burrito
or
Grits w/ Sausage

30
Pancake Pup
or
Assorted Cereal & Yogurt