

February 2017

Early Childhood Education Center Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast 1 Cinnamon Roll Lunch Chicken Nuggets Macaroni & Cheese Sautéed Greens Carrots	Breakfast 2 Grits w/ Bacon Lunch Chicken Fajita Nachos Corn Pinto Beans Chips & Salsa	Breakfast 3 Chicken Biscuit Lunch Pizza Green Beans Tossed Salad w/ Ranch Cookie
Breakfast 6 Dutch Waffle Lunch BBQ Pork Sandwich SC Cole Slaw Fresh Carrots w/ Dip	Breakfast 7 Apple Muffin Lunch Baked Spaghetti English Peas Squash Garlic Bread	Breakfast 8 Assorted Cereal Lunch Club Sandwich Chips Fruit Brownie	Breakfast 9 Grits w/ Cheese Lunch Country Style Steak Mashed Potatoes w/ Gravy Broccoli Yeast Roll	Breakfast 10 Sausage Biscuit Lunch Corn Dog Fresh Veggies w/ Dip Pasta Salad Crispy Ranch Potato Wedges
13 No School	Breakfast 14 Dutch Waffle w/ Strawberries Lunch Orange Chicken LoMein Noodles Oriental Vegetables Egg Roll Chocolate Cake	Breakfast 15 Pancakes Lunch Cheeseburger French Fries Corn on the Cob Fresh Veggies w/ Dip	Breakfast 16 Steak Biscuit Lunch Macho Nachos Mexican Rice Black Beans Fruit Salad	Breakfast 17 Hash Browns w/ Sausage Lunch Pizza Green Beans Sweet Potato Fries Tossed Salad w/ Ranch
Breakfast 20 Assorted Cereal Lunch Hot Dog w/ Chili Tossed Salad w/ Ranch French Fries	Breakfast 21 Cinnamon Roll Lunch Tomato Soup w/ 1/2 Sandwich Black Eyed Peas Steamed Vegetables	Breakfast 22 Breakfast Pizza Lunch Teriyaki Chicken Fried Rice Broccoli Pudding Cup	Breakfast 23 Banana Bread Lunch BBQ Pork w/ Roll Breaded Okra Baked Beans Steamed Cabbage	Breakfast 24 Sausage Biscuit Lunch Baked Chicken Fresh Veggies w/ Ranch French Fries Baked Apples
Breakfast 27 Yogurt Parfait Lunch Turkey Pot Pie SC Sliced Cucumbers w/ Dip Corn Cookie	Breakfast 28 Honey Bun & Fruit Lunch Hot Ham & Cheese Sandwich French Fries Fresh Veggies w/ Dip Fruit Salad			<p>“USDA and this institution are equal opportunity providers and employers.”</p>

Breakfast Options: • Assorted Milk • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

Breakfast includes choice of:
Entrée, fruit & milk.
Students **must** select a fruit/juice.

Lunch includes a choice of:
Entrée with grain/bread, 1-2 vegetables, fruit & milk.
Students must select a fruit and/or vegetable.

Milk Choices: • Fat Free & 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla
Menu selection is subject to change at any time.*



SC - Indicates locally grown



Greenwood School
District 50
Child Nutrition Services