


Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast 1 Cinnamon Roll or Assorted Cereal Lunch Chicken Nuggets w/ Roll Sliced Turkey w/ Roll Macaroni & Cheese Sautéed Greens Carrots	Breakfast 2 Yogurt Parfait or Grits w/ Bacon Lunch Chicken Soft Tacos Cheeseburger Casserole Corn Pinto Beans Chips & Salsa	Breakfast 3 Chicken Biscuit or Assorted Cereal Lunch Pizza Pulled Pork w/ Roll Green Beans Tossed Salad w/ Ranch Cookie
Breakfast 6 Dutch Waffle or Assorted Cereal Lunch BBQ Pork Sandwich Chicken Salad on Lettuce/Crackers SC Cole Slaw Fresh Carrots w/ Dip	Breakfast 7 Chocolate Chip Muffin or Grits w/ Bacon Lunch Baked Spaghetti Chicken Pot Pie English Peas Squash Garlic Bread	Breakfast 8 French Toast or Assorted Cereal Lunch Early Release Day Sandwich Chips Fruit Brownie	Breakfast 9 Biscuit w/ Gravy or Grits w/ Sausage Lunch Country Style Steak Baked Chicken Mashed Potatoes w/ Gravy Broccoli Yeast Roll	Breakfast 10 Doughnuts or Assorted Cereal Lunch Chicken Alfredo over Noodles Meatball Sub Fresh Veggies w/ Dip Broccoli Crispy Ranch Potato Wedges
No School 13	Breakfast 14 Dutch Waffle w/ Strawberries Grits w/ Bacon Lunch Orange Chicken Teriyaki Dippers LoMein Noodles Oriental Vegetables Egg Roll Chocolate Cake	Breakfast 15 Pancakes or Assorted Cereal Lunch Cheeseburger Grilled Chicken Sandwich French Fries Corn on the Cob Fresh Veggies w/ Dip	Breakfast 16 Steak Biscuit or Grits w/ Bacon Lunch Macho Nachos Chicken Fajita Wrap Mexican Rice Black Beans Fruit Salad	Breakfast 17 Hash Browns w/ Sausage or Assorted Cereal Lunch Pizza Pulled Pork w/ Roll Green Beans Sweet Potato Fries Tossed Salad w/ Ranch
Breakfast 20 Pancake Pup or Assorted Cereal Lunch Hot Dog w/ Chili Sloppy Joe on a Bun Tossed Salad w/ Ranch French Fries	Breakfast 21 Cinnamon Roll or Grits w/ Bacon Lunch Chicken Noodle Soup w/ 1/2 Sandwich Sliced Turkey w/ Roll Black Eyed Peas Steamed Vegetables	Breakfast 22 Breakfast Pizza or Assorted Cereal Lunch Teriyaki Chicken Sweet & Sour Chicken Fried Rice Egg Roll Broccoli Pudding Cup	Breakfast 23 Banana Bread or Grits w/ Sausage Lunch BBQ Pork w/ Roll Chicken Salad Sandwich Breaded Okra Baked Beans Steamed Cabbage	Breakfast 24 Sausage Biscuit or Assorted Cereal Lunch Crispy Chicken Sandwich Buffalo Chicken Wings Fresh Veggies w/ Ranch French Fries Baked Apples
Breakfast 27 Yogurt Parfait or Assorted Cereal Lunch Pizza Grilled Cheese Sandwich w/ Soup SC Sliced Cucumbers w/ Dip Corn Cookie	Breakfast 28 Honey Bun & Fruit or Grits w/ Bacon Lunch Corn dogs Hot Ham & Cheese Sandwich Fresh Veggies w/ Dip French Fries Fruit Salad			"USDA and this institution are equal opportunity providers and employers."

February 2017

Merrywood Elementary Breakfast & Lunch Menu

Breakfast Options: • Assorted Milk • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

Breakfast includes choice of:
Entrée, fruit & milk.
Students **must** select a fruit/juice.

Lunch includes a choice of:
Entrée with grain/bread, 1-2 vegetables, fruit & milk.
Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.*



SC - Indicates locally grown



Greenwood School District 50
Child Nutrition Services