| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Breakfast <br> Cinnamon Roll or Assorted Cereal <br> Lunch <br> Chicken Nuggets <br> Country Style Steak <br> Macaroni \& Cheese <br> Sautéed Greens <br> Carrots | Breakfast <br> Yogurt Parfait or <br> Grits w/ Bacon <br> Lunch <br> Chicken Fajita <br> Cheeseburger Casserole <br> Corn <br> Pinto Beans <br> Chips \& Salsa | Breakfast <br> Chicken Biscuit or <br> Assorted Cereal <br> Lunch <br> Pizza <br> Oven Roasted Chicken <br> Green Beans <br> Tossed Salad w/ Ranch <br> Cookie |
| Breakfast <br> Dutch Waffle or <br> Assorted Cereal <br> Lunch <br> BBQ Pork Sandwich <br> Chicken Salad on Lettuce/Crackers <br> SC Cole Slaw <br> Fresh Carrots w/ Dip | Breakfast <br> Chocolate Chip Muffin or <br> Grits w/ Bacon <br> Lunch <br> Baked Spaghetti <br> Chicken Pot Pie <br> English Peas <br> Squash <br> Garlic Bread | Breakfast <br> French Toast or <br> Assorted Cereal <br> Lunch Early Release Day <br> Sandwich <br> Chips <br> Fruit <br> Brownie | Breakfast <br> Biscuit w/ Gravy or <br> Grits w/ Sausage <br> Lunch <br> Sliced Turkey <br> Baked Chicken <br> Mashed Potatoes w/ Gravy <br> Broccoli <br> Yeast Roll | Breakfast <br> Powdered Doughnuts or <br> Assorted Cereal <br> Lunch <br> Cheese Sticks w/ Marinara Ham \& Cheese Wrap <br> Fresh Veggies w/ Dip <br> Pasta Salad <br> Crispy Ranch Potato Wedges |
| No <br> School | Breaktast <br> Dutch Waffle w/ Strawberries <br> Grits w/ Bacon <br> Lunch <br> Orange Chicken <br> Teriyaki Dippers <br> LoMein Noodles <br> Oriental Vegetables <br> Egg Roll | Breakfast <br> Pancakes or <br> Assorted Cereal <br> Lunch <br> Cheeseburger <br> Grilled Chicken Sandwich <br> French Fries <br> Corn on the Cob <br> Fresh Veggies w/ Dip | Breakfast 16 <br> Steak Biscuit or  <br> Grits w/ Bacon  <br> Lunch  <br> Macho Nachos  <br> Chicken Fajitas  <br> Mexican Rice  <br> Black Beans  <br> Fruit Salad  | Breakfast <br> Hash Browns w/ Sausage or <br> Assorted Cereal <br> Lunch <br> Pizza <br> Lemon Pepper Chicken w/ Roll <br> Green Beans <br> Sweet Potato Fries <br> Tossed Salad w/ Ranch |
| Breakfast <br> Pancake Pup or <br> Assorted Cereal <br> Lunch <br> Hot Dog w/ Chili <br> Sloppy Joe on a Bun <br> Tossed Salad w/ Ranch <br> French Fries <br> Baked Beans | Breakfast <br> Cinnamon Roll or <br> Grits w/ Bacon <br> Lunch <br> Chicken Noodle Soup <br> w/ 1/2 Sandwich <br> Sliced Turkey w/ Roll <br> Black Eyed Peas <br> Steamed Vegetables | Breakfast $\quad 22$ Breakfast Pizza or Assorted Cereal Lunch Orange Chicken General Chicken Fried Rice Broccoli Egg Roll Pudding Cup | Breakfast <br> Banana Bread or <br> Grits w/ Sausage <br> Lunch <br> BBQ Pork w/ Roll <br> Baked Chicken w/ Roll <br> Breaded Okra <br> Baked Beans <br> Steamed Cabbage | Breakfast <br> Sausage Biscuit or <br> Assorted Cereal <br> Lunch <br> Crispy Chicken Sandwich <br> Buffalo Chicken Wings <br> Fresh Veggies w/ Ranch <br> French Fries <br> Baked Apples |
| Breakfast <br> Yogurt Parfait or <br> Assorted Cereal <br> Lunch <br> Pizza <br> Grilled Cheese Sandwich w/ Soup <br> SC Sliced Cucumbers w/ Dip <br> Corn <br> Cookie | Breakfast <br> Honey Bun \& Fruit or <br> Grits w/ Bacon <br> Lunch <br> Corndogs <br> Hot Ham \& Cheese Sandwich <br> French Fries <br> Fresh Veggies w/ Dip <br> Fruit Salad |  |  | "USDA and this institution are equal opportunity providers and employers." |

## February 2017

Springfield Elementary

## Breakfast \& Lunch Menu

Breakfast Options: • Assorted Milk • 100\% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

Breakfast includes choice of:
Entrée, fruit \& milk.
Students must select a fruit/juice.

Lunch includes a choice of: Entrée with grain/bread, 1-2 vegetables, fruit \& milk. Students must select a fruit and/or vegetable.

Milk Choices: - Fat Free and 1\% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla Menu selection is subject to change at any time.*


SC - Indicates locally grown


Greenwood School District 50 Child Nutrition Services

