Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast 1 Doughnuts or Assorted Cereal Lunch Sliced Turkey w/ Roll Macaroni & Cheese Collard Greens Carrots	Breakfast 2 Pancake Pups or Grits w/ Bacon Lunch Orange Chicken LoMein Noodles Egg Roll Steamed Oriental Vegetables	Breakfast 3 Chicken Biscuit or Assorted Cereal Lunch BBQ Chicken Baked Beans Breaded Okra Corn on the Cob Texas Toast
Breakfast Dutch Waffle or Assorted Cereal Lunch Buffalo Chicken Poppers Potato Wedges Broccoli w/ Cheese Yeast Roll	Breakfast Chocolate Chip Muffin or Grits w/ Bacon Lunch Loaded Nachos - Beef, Cheese, Salsa Lettuce, Guacamole, Jalapenos Sour Cream, Pinto Beans	Breakfast 8 French Toast or Assorted Cereal Lunch Early Release Day BBQ Sandwich Chips Fruit Brownie	Breakfast 9 Biscuit w/ Gravy or Grits w/ Sausage Lunch Teriyaki Chicken Fried Rice Egg Roll Steamed Fresh Vegetables Lima Beans	Breakfast Steak Biscuit or Assorted Cereal Lunch Chicken & Noodles Green Beans SC Sweet Potatoes Yeast Roll
No School	Breakfast 14  Dutch Waffle w/ Strawberries  Grits w/ Bacon  Lunch  Beef-a-Roni  Breaded Okra  Spinach Salad  Garlic Bread  Chocolate Cake	Breakfast Pancakes or Assorted Cereal Lunch Chicken Noodle Soup w/ Cheese Bread Tossed Salad Chips	Breakfast 16 Steak Biscuit or Grits w/ Bacon Lunch General Tso's LoMein Noodles Egg Roll Steamed Fresh Vegetables SC Sautéed Cabbage	Breakfast Hash Browns w/ Sausage or Assorted Cereal Lunch Baked Chicken Green Beans Carrots Yeast Roll Mashed Potatoes w/ Gravy
Breakfast Pancake Pup or Assorted Cereal Lunch BBQ Pork w/ Bun Breaded Okra Baked Beans Steamed Cabbage	Cinnamon Roll or Grits w/ Bacon Lunch Chicken Fajitas Sautéed Peppers & Onions Pinto Beans Chips & Salsa Lettuce, Diced Tomatoes, Sour Cream, Guacamole	Breakfast Breakfast Pizza or Assorted Cereal Lunch Baked Spaghetti English Peas Squash Garlic Bread	Breakfast 23 Banana Muffin w/ Cheese Stick or Grits w/ Sausage Lunch Sweet & Sour Chicken Fried Rice Egg Roll Steamed Broccoli Honey Glazed Carrots	Breakfast Sausage Biscuit or Assorted Cereal Lunch Buffalo Chicken Wings Fresh Veggies w/ Ranch French Fries Cheese Bread Baked Apple Cobbler
Breakfast French Toast or Assorted Cereal Lunch Roasted Chicken Mashed Potatoes w/ Gravy Collard Greens Carrots	Breakfast Honey Bun & Fruit or Grits w/ Bacon Lunch Buffalo Chicken Poppers French Fries Broccoli w/ Cheese Chips, Salsa & Cheese Dip			"USDA and this insti- tution are equal op- portunity providers and employers."

Yeast Roll

## February 2017

# Westview Middle School Breakfast & Lunch Menu

**Breakfast Options:** • Assorted Milk • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

#### Breakfast includes choice of:

Entrée, fruit & milk. Students **must** select a fruit/juice.

#### Lunch includes a choice of:

Entrée with grain/bread, 1-2 vegetables, fruit & milk. Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.\*



### SC - Indicates locally grown



Greenwood School District 50
Child Nutrition Services