

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 1 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Baked Chicken Mashed Potatoes w/ Gravy Black Eyed Peas Squash	Breakfast 2 Yogurt Parfait or Grits w/ Bacon Lunch Orange Chicken General Tso's Chicken LoMein Noodles Egg Roll Seasoned Cabbage	Breakfast 3 Breakfast Pizza or Assorted Cereal w/ Cereal Bar Lunch Sliced Turkey w/ Roll Macaroni & Cheese Sautéed Greens Carrots	Breakfast 4 Cinnamon Roll or Grits w/ Sausage Lunch Spaghetti Noodles w/ Marinara Green Beans Garlic Bread	Breakfast 5 Steak Biscuit or Assorted Cereal w/ Cereal Bar Lunch Buffalo Chicken w/ Roll Fresh Veggies w/ Ranch French Fries Cookie
Breakfast 8 Dutch Waffle or Assorted Cereal w/ Cereal Bar Lunch BBQ Pork Sandwich SC Cole Slaw Breaded Okra Baked Beans	Breakfast 9 Chocolate Chip Muffin or Grits w/ Bacon Lunch Orange Chicken Teriyaki Chicken Fried Rice Egg Roll	Breakfast 10 French Toast or Assorted Cereal w/ Cereal Bar Lunch Spaghetti w/ Garlic Bread Oven Roasted Vegetables Garden Salad Cherry Crisp	Breakfast 11 Biscuit w/ Gravy or Grits w/ Sausage Lunch Hamburger Steak w/ Roll Mashed Potatoes w/ Gravy Broccoli w/ Cheese Black Eyed Peas	Breakfast 12 Doughnuts or Assorted Cereal w/ Cereal Bar Lunch Baked Chicken w/ Roll Fresh Veggies w/ Dip Oven Roasted Vegetables Crispy Ranch Potato Wedges
Breakfast 15 Chicken Biscuit or Assorted Cereal w/ Cereal Bar Lunch Sliced Ham w/ Roll Green Beans Spaghetti Squash Macaroni & Cheese	Breakfast 16 Dutch Waffle Grits w/ Bacon Lunch General Tso's Chicken Teriyaki Chicken LoMein Noodles Egg Roll Seasoned Cabbage	Breakfast 17 Pancakes or Assorted Cereal w/ Cereal Bar Lunch Sliced Turkey w/ Roll Rice & Gravy Broccoli w/ Cheese Fruit Cobbler	Breakfast 18 Steak Biscuit or Grits w/ Sausage Lunch Chicken Fajitas Mexican Rice Black Beans Fruit Salad	Breakfast 19 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Chicken Alfredo over Noodles Fresh Veggies w/ Dip Broccoli Garlic Bread
Breakfast 22 Pancake Pup or Assorted Cereal w/ Cereal Bar Lunch Hamburger Steak Mashed Potatoes w/ Gravy Broccoli w/ Cheese Yeast Roll	Breakfast 23 Cinnamon Roll or Grits w/ Bacon Lunch Orange Chicken Teriyaki Chicken LoMein Noodles Egg Roll Oriental Vegetables	Breakfast 24 Breakfast Pizza or Assorted Cereal w/ Cereal Bar Lunch BBQ Pork w/ Roll Breaded Okra Baked Beans Steamed Cabbage	Breakfast 25 Dutch Waffle or Grits w/ Sausage Lunch Beef Crunchy Taco Chicken Fajita Mexican Rice Chips , Cheese Dip & Salsa	Breakfast 26 Chicken Biscuit or Assorted Cereal w/ Cereal Bar Lunch Buffalo Chicken w/ Roll Fresh Veggies w/ Ranch French Fries Baked Apples
29 Happy Memorial Day	Breakfast 30 French Toast or Assorted Cereal w/ Cereal Bar Lunch Early Release Day Deli Sandwich Chips Fruit Brownie	Breakfast 31 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Early Release Day BBQ Sandwich Chips Fruit Cookie	Enjoy your summer break!	"USDA and this institution are equal opportunity providers and employers."

May 2017

High School

Breakfast & Lunch Menu

Breakfast Options: • Assorted Milk
 • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

Breakfast includes choice of:
 Entrée, fruit & milk.
 Students **must** select a fruit/juice.

Lunch includes a choice of:
 Entrée with grain/bread, vegetables, fruit & milk.
 Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.*



SC - Indicates locally grown Vegetable of the month—Spaghetti Squash



Greenwood School District 50
 Child Nutrition Services