

# September 2016

## Elementary School Menu

### LUNCH



**"USDA and this institution are equal opportunity providers and employers."**



**Items offered daily:**  
 1% Milk, Skim, Chocolate, & Strawberry Milk  
 Choice of Fresh Seasonal Fruit  
 or 100% Fruit Juice  
 Choice of Fresh Seasonal Vegetable



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Lasagna **5**  
 Chicken Alfredo w/ Pasta  
 Garlic Bread Stick  
 Side Salad  
**SC** Fresh Sautéed Zucchini

Beef Soft Taco **6**  
 Chicken Fajita  
 Mexican Rice  
 Pinto Beans  
 Chips & Salsa

Pizza **7**  
 Chicken Nuggets  
 Corn  
**SC** Sliced Cucumbers w/ Dip  
 French Fries  
 Pudding Cup

Meatball Sub **1**  
 Chicken Sandwich  
 Lettuce/**SC** Tomato/Pickle  
 French Fries  
 Carrots w/ Ranch

Teriyaki Chicken **2**  
 Sweet Thai Chili Chicken  
 LoMein Noodles  
 Steamed Broccoli  
 Egg Roll

Country Style Steak **12**  
 Oven Roasted Chicken  
 Mashed Potatoes w/ Gravy  
 Green Beans  
 Carrots  
 Yeast Roll

Taco Salad **13**  
 Cheese Sticks w/ Marinara  
 Celery & Carrots w/ Dip  
 Pasta Salad  
 Cookie

**Early Release Day** **14**  
 Chicken Sandwich  
 Chips  
 Fresh Fruit  
 Juice

Cheeseburger **15**  
 Hot Dog w/ Chili  
**SC** Grape Tomatoes w/ Dip  
 Corn on the Cob  
 French Fries

Orange Chicken **16**  
 Pork Roast w/ Roll  
 Fried Rice  
 Steamed Fresh Vegetables  
 Carrots w/ Dip  
 Egg Roll

Spaghetti **19**  
 Chicken Parmesan  
 w/ Noodles  
 Spinach Salad  
 Garlic Bread

Chicken Sandwich **20**  
 Asian Pork Flatbread  
 Lettuce/Tomato/Pickle  
 French Fries  
 Carrots w/ Ranch  
 Cookie

Orange Chicken **21**  
 Teriyaki Chicken  
 LoMein Noodles  
 Steamed Broccoli  
 Egg Roll

Lasagna **22**  
 Chicken Alfredo w/ Pasta  
 Garlic Bread Stick  
 Side Salad  
**SC** Fresh Sautéed Zucchini

Beef Soft Taco **23**  
 Chicken Fajita  
 Mexican Rice  
 Pinto Beans  
 Chips & Salsa

Pizza **26**  
 Chicken Nuggets  
 Corn  
**SC** Sliced Cucumbers w/ Dip  
 French Fries

BBQ Pork Sandwich **27**  
 BBQ Chicken w/ Roll  
 Cole Slaw  
 Baked Beans  
 Italian Ice

Chicken Pot Pie **28**  
 Sliced Ham w/ Roll  
 Macaroni & Cheese  
**SC** Sautéed Kale  
 Sweet Potatoes

Country Style Steak **29**  
 Oven Roasted Chicken  
 Mashed Potatoes w/ Gravy  
 Green Beans  
 Carrots  
 Yeast Roll

Doritos Taco Salad **30**  
 Grilled Chicken Sandwich  
 Celery & Carrots w/ Dip  
 Pasta Salad  
 Apple Crisp