

Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast 1 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Cheeseburger Turkey & Cheese Sandwich Garden Salad w/ Ranch French Fries	Breakfast 2 Yogurt Parfait or Grits w/ Bacon Lunch Orange Chicken Teriyaki Chicken Fried Rice Egg Roll Oriental Vegetables	Breakfast 3 Breakfast Pizza or Assorted Cereal w/ Cereal Bar Lunch Chicken Nuggets w/ Roll Sliced Turkey w/ Roll Macaroni & Cheese Sautéed Greens Carrots	Breakfast 4 Cinnamon Roll or Grits w/ Sausage Lunch Chicken Parmesan Hamburger Steak Noodles w/ Marinara Green Beans Garlic Bread	Breakfast 5 Steak Biscuit or Assorted Cereal w/ Cereal Bar Lunch Pizza Buffalo Chicken w/ Roll Fresh Veggies w/ Ranch French Fries Cookie	
Breakfast 8 Dutch Waffle or Assorted Cereal w/ Cereal Bar Lunch BBQ Pork Sandwich Chicken Salad Sandwich SC Cole Slaw Fresh Carrots w/ Dip French Fries	Breakfast 9 Chocolate Chip Muffin or Grits w/ Bacon Lunch Orange Chicken Teriyaki Chicken LoMein Noodles Egg Roll Seasoned Cabbage	Breakfast 10 French Toast or Assorted Cereal w/ Cereal Bar Lunch Spaghetti w/ Garlic Bread Chicken & Rice Oven Roasted Vegetables Garden Salad Cherry Crisp	Breakfast 11 Pop Tart w/ String Cheese Grits w/ Sausage Lunch Hamburger Steak w/ Roll Baked Chicken w/ Roll Mashed Potatoes w/ Gravy Broccoli w/ Cheese Black Eyed Peas	Breakfast 12 Doughnuts or Assorted Cereal w/ Cereal Bar Lunch Pizza Chicken Soft Tacos Fresh Veggies w/ Dip Oven Roasted Vegetables Crispy Ranch Potato Wedges	
Breakfast 15 Chicken Biscuit or Assorted Cereal w/ Cereal Bar Lunch Oven Roasted Chicken w/ Roll Sliced Ham w/ Roll Green Beans Spaghetti Squash Mashed Potatoes w/ Gravy	Breakfast 16 Dutch Waffle Grits w/ Bacon Lunch Cheeseburger Grilled Chicken Sandwich French Fries Corn Fresh Veggies w/ Dip	Breakfast 17 Pancakes or Assorted Cereal w/ Cereal Bar Lunch Teriyaki Chicken Sliced Turkey w/ Roll Fried Rice Broccoli w/ Cheese Egg Roll	Breakfast 18 Steak Biscuit or Grits w/ Sausage Lunch Macho Nachos Chicken Fajita Wrap Mexican Rice Black Beans Fruit Salad	Breakfast 19 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Pizza Chicken Alfredo over Noodles Fresh Veggies w/ Dip Broccoli Crispy Ranch Potato Wedges	
Breakfast 22 Pancake Pup or Assorted Cereal w/ Cereal Bar Lunch Cheeseburger Hot Dog w/ Chili Garden Salad w/ Ranch French Fries	Breakfast 23 Cinnamon Roll or Grits w/ Bacon Lunch Orange Chicken Teriyaki Chicken LoMein Noodles Egg Roll Oriental Vegetables	Breakfast 24 Breakfast Pizza or Assorted Cereal w/ Cereal Bar Lunch BBQ Pork w/ Roll Baked Chicken w/ Roll Breaded Okra Baked Beans Steamed Cabbage	Breakfast 25 Dutch Waffle or Grits w/ Sausage Lunch Beef Crunchy Taco Chicken Philly Sub Mexican Rice Chips & Salsa Tomato & Cucumber Salad	Breakfast 26 Chicken Biscuit or Assorted Cereal w/ Cereal Bar Lunch Pizza Buffalo Chicken w/ Roll Fresh Veggies w/ Ranch French Fries Cookie	
29 Happy Memorial Day	Breakfast 30 French Toast or Assorted Cereal w/ Cereal Bar Lunch Early Release Day Deli Sandwich Chips Fruit Brownie	Breakfast 31 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Early Release Day BBQ Sandwich Chips Fruit Cookie	Enjoy your summer break!		
				"USDA and this institution are equal opportunity providers and employers."	

May 2017

Mathews Elementary Breakfast & Lunch Menu

Breakfast Options: • Assorted Milk
 • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

Breakfast includes choice of:
 Entrée, fruit & milk.
 Students **must** select a fruit/juice.

Lunch includes a choice of:
 Entrée with grain/bread, vegetables, fruit & milk.
 Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.*



SC - Indicates locally grown

Vegetable of the month—Spaghetti Squash



Greenwood School District 50
 Child Nutrition Services