

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 1 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Orange Chicken LoMein Noodles Egg Roll Seasoned Cabbage	Breakfast 2 Yogurt Parfait or Grits w/ Bacon Lunch BBQ Sandwich Fruit Veggies w/ Dip Chips	Breakfast 3 Breakfast Pizza or Assorted Cereal w/ Cereal Bar Lunch Deli Sandwich Fruit Veggies w/ Dip Chips	Breakfast 4 Blueberry Biscuit or Grits w/ Sausage Lunch Cheeseburger Fruit Chips Veggies w/ Dip	Breakfast 5 Hash Browns w/ Sausage or Assorted Cereal w/ Cereal Bar Lunch Buffalo Chicken w/ Roll English Peas French Fries Side Salad
Breakfast 8 Dutch Waffle or Assorted Cereal w/ Cereal Bar Lunch Orange Chicken Steamed Vegetables Fried Rice Egg Roll	Breakfast 9 Chocolate Chip Muffin or Grits w/ Bacon Lunch Deli Sandwich Fruit Veggies w/ Dip Chips	Breakfast 10 French Toast w/ Bacon or Assorted Cereal w/ Cereal Bar Lunch BBQ Sandwich Fruit Veggies w/ Dip Chips	Breakfast 11 Biscuit w/ Gravy or Grits w/ Sausage Lunch Hamburger Steak w/ Roll Mashed Potatoes w/ Gravy Broccoli w/ Cheese Black Eyed Peas	Breakfast 12 Breakfast Burrito or Assorted Cereal w/ Cereal Bar Lunch Buffalo Chicken w/ Roll Crispy Ranch Potato Wedges Corn Side Salad
Breakfast 15 Chicken Biscuit or Assorted Cereal w/ Cereal Bar Lunch Loaded Nachos Mexican Rice Corn Lettuce, Tomato Sour Cream, Jalapenos	Breakfast 16 Dutch Waffle Grits w/ Bacon Lunch Teriyaki Chicken LoMein Noodles Egg Roll Seasoned Cabbage	Breakfast 17 Breakfast Burrito or Assorted Cereal w/ Cereal Bar Lunch Baked Spaghetti Green Beans Garden Salad Apple Crisp	Breakfast 18 Steak Biscuit or Grits w/ Sausage Lunch Meatloaf w/ Roll Mashed Potatoes w/ Gravy Black Eyed Peas Lima Beans	Breakfast 19 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Chicken Alfredo over Noodles Roasted Vegetables Broccoli Garlic Bread
Breakfast 22 Pancake Pup or Assorted Cereal w/ Cereal Bar Lunch Hamburger Steak Baked Potato Broccoli w/ Cheese Yeast Roll	Breakfast 23 Blueberry Biscuit or Grits w/ Bacon Lunch Orange Chicken Teriyaki Chicken LoMein Noodles Egg Roll Oriental Vegetables	Breakfast 24 Breakfast Pizza or Assorted Cereal w/ Cereal Bar Lunch Turkey Roast w/ Roll Breaded Okra Rice w/ Gravy Black Eyed Peas	Breakfast 25 Dutch Waffle or Grits w/ Sausage Lunch Loaded Nachos Mexican Rice Lettuce, Tomato Sour Cream, Jalapenos	Breakfast 26 Chicken Biscuit or Assorted Cereal w/ Cereal Bar Lunch Sloppy Joe Fruit Chips Veggies w/ Dip
29 Happy Memorial Day	Breakfast 30 French Toast or Assorted Cereal w/ Cereal Bar Lunch Early Release Day Sandwich Chips Fruit Brownie	Breakfast 31 Sausage Biscuit or Assorted Cereal w/ Cereal Bar Lunch Early Release Day Sandwich Chips Fruit Cookie	Enjoy your summer break!	"USDA and this institution are equal opportunity providers and employers."

May 2017

Northside Middle School
 Breakfast & Lunch Menu

Breakfast Options: • Assorted Milk
 • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

Breakfast includes choice of:
 Entrée, fruit & milk.
 Students **must** select a fruit/juice.

Lunch includes a choice of:
 Entrée with grain/bread, vegetables, fruit & milk.
 Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.*



SC - Indicates locally grown
 Vegetable of the month—Spaghetti Squash



Greenwood School District 50
 Child Nutrition Services