



October 2019

Elementary

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Choice 2-Turkey & Cheese Lunchable	Choice 2-Ham & Cheese Croissant	Choice 2-Yogurt Plate	Choice 2-Grilled Cheese	Choice 2-Grilled Chicken Sandwich
Breakfast 30 Muffin & Yogurt or Assorted Cereal Lunch Chicken Sandwich French Fries Cucumbers w/ Dip Fruit	Breakfast 1 Grits w/ Sausage or Assorted Cereal Lunch Teriyaki Wings Fried Rice Carrots Egg Roll Cool Rips Fruit Slush	Breakfast 2 Eggs, Bacon & Breakfast Potatoes Assorted Cereal Lunch Pizza SC Salad Bar Corn Fruit	Breakfast 3 Grits w/ Bacon or Assorted Cereal Lunch Crunchy Beef Taco Refried Beans Mexican Rice Fruit	Breakfast 4 Sausage Biscuit or Assorted Cereal Lunch Oven Fried Chicken Mashed Potatoes w/ Gravy Black Eyed Peas Yeast Roll Fruit Brownie
Breakfast 7 Doughnut Holes or Assorted Cereal Lunch Hot Dog w/ Chili Baked Beans Corn Fresh Veggies w/ Dip Fruit	Breakfast 8 Grits w/ Sausage or Assorted Cereal Lunch Scrambled Eggs Bacon Pancakes Orange Juice Fruit	Breakfast 9 Strawberry Pancakes or Assorted Cereal Lunch Cheesy Chicken Pasta Broccoli SC Salad Bar Yeast Roll Cool Rips Fruit Slush	Breakfast 10 Grits w/ Bacon or Assorted Cereal Lunch Pizza SC Salad Bar Sweet Potato Fries Fruit	Breakfast 11 French Toast Sticks or Assorted Cereal Lunch Ranch Chicken Wrap Chips Carrot Sticks w/ Dip Fruit Cookie
Breakfast 14 Chicken Biscuit or Assorted Cereal Lunch BBQ Chicken Cole Slaw French Fries Fresh Veggies w/ Dip Cool Rips Fruit Slush	Breakfast 15 Grits w/ Sausage or Assorted Cereal Lunch Orange Chicken LoMein Noodles Steamed Vegetables Egg Roll Fruit	Early Release Day 16 Breakfast Pancake Pup or Assorted Cereal Lunch Bag Lunch Deli Sandwich Chips Fruit	Breakfast 17 Grits w/ Bacon or Assorted Cereal Lunch Popcorn Shrimp Hushpuppies Corn on the Cob SC Salad Bar Fruit	Breakfast 18 Sausage Biscuit or Assorted Cereal Lunch Chicken Nuggets Macaroni & Cheese Green Beans Yeast Roll Fruit
Breakfast 21 Cinnamon Roll or Assorted Cereal Lunch Cheeseburger Corn Celery w/ Dip French Fries Fruit	Breakfast 22 Grits w/ Sausage or Assorted Cereal Lunch Spaghetti w/ Meat Sauce Fresh Squash Lima Beans Garlic Bread Fruit	Breakfast 23 Breakfast Pizza or Assorted Cereal Lunch Soft Chicken Tacos Mexican Rice Black Beans Fruit	Breakfast 24 Grits w/ Bacon or Assorted Cereal Lunch Pizza SC Salad Bar Sweet Potato Fries Cool Rips Fruit Slushy	Breakfast 25 Biscuit w/ Gravy or Assorted Cereal Lunch Grilled Cheese Chicken Noodle Soup SC Salad Bar Fruit Cookie

Breakfast Options: • Assorted Milk • 100% Fruit Juice • Canned Fruits/Fresh Fruits • Variety of Cereals

Breakfast includes choice of:
Entrée, fruit & milk.
Students **must** select a fruit/juice.

Lunch includes a choice of:
Entrée with grain/bread, 1-2 vegetables, fruit & milk.
Students **must** select a fruit and/or vegetable.

Milk Choices: • Fat Free and 1% Unflavored, Fat Free Strawberry, Chocolate, and Vanilla

Menu selection is subject to change at any time.*



SC - Indicates locally grown



Greenwood School District 50

Child Nutrition Services

This institution is an equal opportunity employer and provider